

Trauma Disclosure

- Cases discussed in this presentation may be traumatic for learners. Please feel free to turn off your camera or take a break if needed.
- I am available for debriefing after the event if needed.
- Please check with your agency for additional resources if needed



Learning Objectives

- Articulating a broad differential diagnosis of child maltreatment
- Recognizing medical mimics versus diagnostic injury
- Summarizing a traumatic work up for child physical abuse
- Understanding injuries associated with various forms of child physical abuse

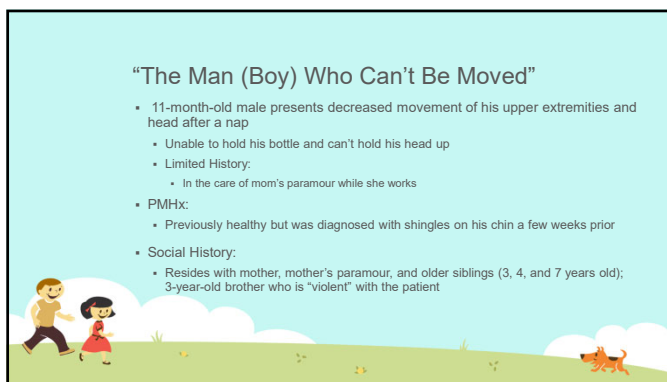


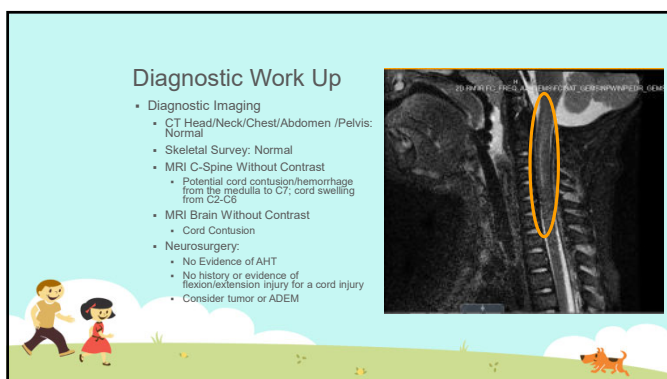
Professional Practice Gap

- Given the legal ramifications of diagnostic child maltreatment, healthcare providers need to understand, implement, and defend a child maltreatment workup and diagnosis.





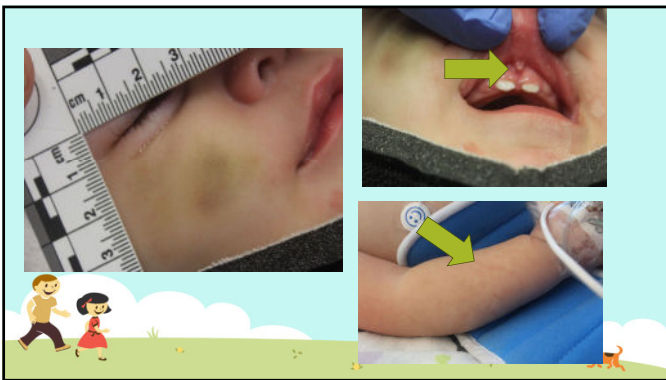




Physical Exam

- Gen: Alert; fussy; high pitched cry
- HEENT: No retinal heme in pharmacologically dilated eyes; superior labial frenulum laceration without active bleeding; apex of the tongue with granulation tissue in a furrowing pattern and widespread granulation tissue on the body of the tongue; visualization limited secondary to C-collar use
- Neck: C-collar in place; Abrasions noted to inferior to the chin and abrasion vs contusion noted to the left lateral neck, but visualization is markedly limited.
- Neuro: No spontaneous movement noted with bilateral arms. No withdraw to pain. Spontaneous movement of right lower extremity with more limited movement of the left leg.
- Skin: See pictures





Additional History To Consider

- Law Enforcement Interview with Mom's Paramour
 - "Accidentally" kicked the child in the chin which caused him to "chip his tongue."
 - He had facial bleeding afterward
 - Grabbed the child's legs and "flung" him repeatedly
 - He turned red from the nipples to the neck and stopped using his arms
 - Dropped a speaker on his face



MRI C-Spine with Contrast

- Interspinous ligamentous enhancement most evident at C5-6 but extends inferiorly through the field.



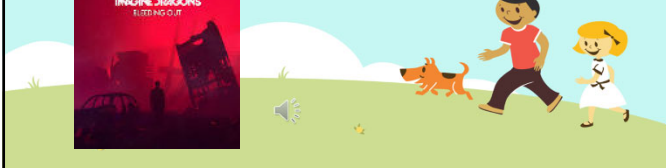
Spinal Cord Injury Without Radiograph Abnormality (SCIWORA)

- Trauma in the absence of findings on plain radiographs, flexion-extension radiographs, and cervical CT
 - MRI TYPICALLY identifies damage to the cord or to the ligaments (2/3)
 - MUST presumptively treat for presumed SCI
- Mechanism of Injury: Hyperextension, Hyperflexion, Distraction, Infarction
- Physical Exam
 - Abnormal vital signs
 - Neck/Back Pain
 - Paresthesia
 - Paralysis
 - Loss of Pain
 - Loss of Sensation
- Up to 25% of patients have a DELAY of neurological symptoms (30min - 4 days)
- Treatment



"Bleeding Out"

Christine Beeson, DO



"Now we got Bad Blood"

5-month-old male presents with bruising after mom picks him up from daycare. No history provided for bruising.

- Birth history: 39 weeks, vaginal, received vit K, no NICU
- Past medical history: plagiocephaly, eczema, at 2 months old, mom found a lump with an overlying bruise on his lower back, saw PCP & US was negative
- Past surgical history: circumcision, no excess bleeding
- Family history: no known history on maternal side, paternal side: dad is adopted; brother does not have any issues
 - Developmental history: on track, starting to roll
- Social history: lives with mom and 17mo brother
- ROS: plagiocephaly, bruising, eczema rash, rhinorrhea, cough



Physical Exam & Labs

Physical exam findings:

- bruising with hematoma inferior to left nipple
- bruising with hematoma on left arm
- bruising with central clearing hematoma over sacrum
- eczema on scalp and antecubital and popliteal fossae, truncal dryness, forehead excoriations
- Skeletal survey & head CT: negative
- CBC: Platelets elevated (421)
- CMP normal (ALT slightly elevated: 53)
- PT/INR normal
- Rhinovirus/enterovirus positive
- Low factor 8 level (1) and 9 (47)
- Elevated PTT (112.9, 161.9)

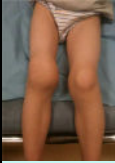


Diagnosis

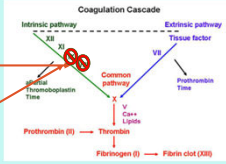
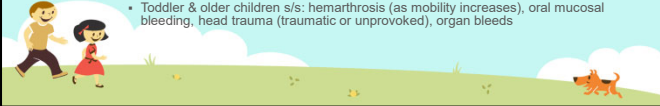
- Diagnosed with severe hemophilia A with undetectable factor 8 levels (1%)
- Excessive bruising and hematoma formation spontaneously and with minimal provocation
- At risk for significant bleeding events including soft tissue hematomas, hemarthrosis, and possibly CNS bleeds
- Prophylactic treatment with Hemlibra (antibody that functions like Factor 8)
 - has Nuwiq (factor 8) at home for breakthrough bleeding events




Hemophilia



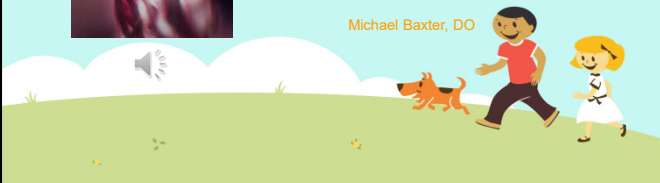
- Type A: factor VIII deficiency
 - Most common inherited factor deficiency
 - PT normal, PTT prolonged
 - X-Linked recessive (affects males)
 - Severe if factor level is <1%
- Type B: factor IX deficiency
 - PT normal, PTT prolonged
- Newborn s/s: excess bleeding with routine procedures (ex: circumcision, venipuncture), ICH with traumatic delivery
- Toddler & older children s/s: hemarthrosis (as mobility increases), oral mucosal bleeding, head trauma (traumatic or unprovoked), organ bleeds




Shock and Ahhhhhhhh

Michael Baxter, DO

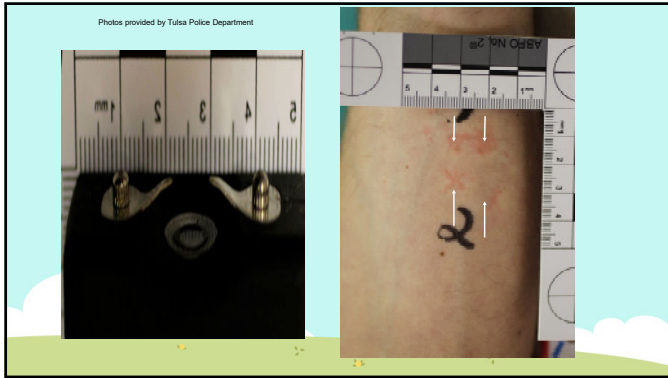


Case History

- HPI
 - 5 year old male with arm and shoulder bruises
- PMH
 - healthy overall
- FHX
 - negative
- SHX
 - Lives with bio-mom
 - Bio-dad not involved
 - In Kindergarten at public school
 - Watched by mom's ex-boyfriend after school









Take Home Points

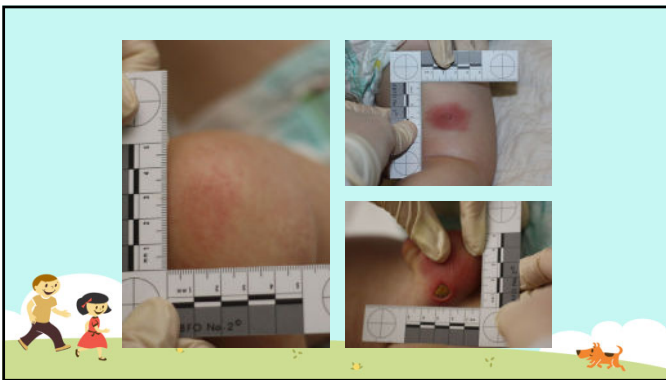
- Head to toe exam is vital
- Symmetry, pattern, and distribution of injury matters
- Listen to the child's history
- Stun guns are different than tasers
- Do not use a stun gun or taser on any child
- Do not volunteer for law enforcement to use a stun gun or taser on you

Case Presentation

▪ 13 month old with concern for burns and sexual abuse

- 12 days of runny nose lasting 2 days
- 10 days of diarrhea/fussiness lasting until admission
- 6 days of decreased intake and fever up to 104 F
- 4 days of decreased urination
- Reports no lesions after returning from grandparents







Ecthyma Gangrenosum

- Rare manifestation of *Pseudomonas aeruginosa* infection
- Vast majority of patients are immunocompromised
- Case reports of "Healthy" infants presenting with EG due to pseudomonal infection



Lessons

- Had lesions at different stages of development with new lesion formation during hospitalization
- Diagnosed with immune deficiency - X-linked agammaglobulinemia
- During stay social situation concerns continued
- Seen 1 year later for neglect due to failure to continue medical care