

What to expect in 2025

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WHAT WE NEED TO KNOW
AGENDA
PLICO MAY 2025

Federal & Commercial Insurance Plans follow the rules in this presentation.

1. Telemedicine/Telehealth Updates
2. Things that could possibly put you on the 'radar'
3. Things to know in 2025
4. Refresher on Evaluation & Management Documentation

CHANGES IN THE CPT CODE
BOOK FOR 2025

TELEMEDICINE!!
Big changes New telemedicine codes

TELEMEDICINE

1. "Telemedicine services are synchronous, real-time, interactive encounters between a physician or other QHP and a patient utilizing either combined audio-video or audio-only telecommunication."
2. "Telemedicine services are used in lieu of an in-person service when medically appropriate to address the care of the patient and when the patient and/or family/caregiver agree to this format."

*From the AMA 2025 CPT Code Book

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TELEMEDICINE

1. "Code distribution selection for telemedicine services is based on either the level of medical decision making (MDM) or the total time for E/M services performed on the date of the encounter, as defined for each service." Just like your normal E/M office codes.
2. "Telemedicine services are not used to report telecommunications related to a previous encounter. They may be used for follow-up of a previous encounter when a follow-up E/M services is required in, the same manner as in-person E/M services are used."

*From the AMA 2025 CPT Code Book

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TELEMEDICINE CODES

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NEW CODES FOR TELEMEDICINE

1. Synchronous Audio/Visual Codes (98000-98007)
2. Synchronous Audio Only (98008-98015)
3. Online Digital E/M Services (99421-99423)
4. Codes 98000-98015, the level of services is selected based on **MDM** or total **time** on the date of the encounter.

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SYNCHRONOUS AUDIO/VISUAL

1. New and Established patient codes.
2. Choose MDM or time for level.

Code	New or Established	MDM	Time in Min, must meet or exceed
98000	New	Straightforward	15
98001	New	Low	30
98002	New	Moderate	45
98003	New	High	60
98004	Established	Straightforward	10
98005	Established	Low	20
98006	Established	Moderate	30
98007	Established	High	40

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SYNCHRONOUS AUDIO-ONLY

1. New and Established patient codes. Previously only established patients.
2. Replace codes 99441-99443 (telephone codes.)
3. Choose MDM or time for level.
4. They **REQUIRE** more than 10 minutes of "medical discussion".

Code	New or Established	MDM	Time in Min, must meet or exceed
98008	New	Straightforward	15
98009	New	Low	30
98010	New	Moderate	45
98011	New	High	60
98012	Established	Straightforward	10
98013	Established	Low	20
98014	Established	Moderate	30
98015	Established	High	40

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CODE 98016

- 1. Established patients only.
- 2. “The service is patient-initiated and intended to evaluate whether a more extensive visit type is required.”
- 3. Video technology is not required.
- 4. Described services for established patients with 5 –10 minutes of medical discussion.

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NEW CODES FOR TELEMEDICINE
CENTERS FOR MEDICARE AND MEDICAID
SERVICES (CMS)

- 1. CMS **does NOT** recognize new codes 98000-98015, at this point.
- 2. CMS **does** recognize CPT code 98016, in lieu of HCPCS code G2012.
- 3. Use modifier 93 for audio only, use modifier 95 for all other telemedicine.
- 4. Use Place of Service: 10 when patient is in their own home, and 02 when originating site is anywhere other than the patient’s home.

*Congress extended the American Relief Act until September 30, 2025, with the signing of CR on March 15, 2025

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NEW CODES FOR TELEMEDICINE
COMMERCIAL PAYERS

- 1. Must contact local representatives for commercial payer plans to discern how to handle telehealth E/M.
- 2. BCBS of OK: Uses new codes 98000-98016
- 3. United Healthcare: Uses new codes 98000-98016
- 4. All other insurances need to be verified, including Medicare Advantage plans.

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ONLINE DIGITAL E/M

1. Codes 99421-99423
2. Not new in 2025, for the code and code rules
3. What is new: "If within seven days of the initiation of an online digital E/M service, a separately reported E/M visit occurs, then the physician or other QHP work devoted to the online digital E/M service is incorporated into the separately reported E/M service."

*From the AMA 2025 CPT Code Book

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'RED FLAGS' FOR TELEMEDICINE

- Document, document, document!!!
- Do not bill a Telemedicine service until you have reviewed all the CPT codes that are comprehensive to the CPT code performed. Ensure you have the appropriate code for the patient's insurance.
- Pay close attention to the medical record documentation. You may be audited on more than one service.

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THINGS THAT MIGHT PUT YOU ON THE 'RADAR'

1. Code distribution – CMS has begun evaluated the number of times a physician bills for the same code (as example 99213 to often per day, quarter, yearly, etc.)
2. Refund requirements could be required.
3. Modifier 59: used to identify procedures/services that are not normally reported together but are appropriate under the circumstances.
4. Failure to follow new rules for telehealth.
5. Medicare Credit Balance.

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THINGS THAT MIGHT PUT YOU ON THE 'RADAR'

- CERT report shows 'Lab tests' score poorly. Lab orders could be taken back upon post-payment review.
 - Most due to documentation errors.
 - Highest identified were "Lab tests—bacterial cultures", 100% insufficient documentation.
 - "Lab tests—others", 87.7% insufficient documentation.

*Part B News, Decision Health, Vol 39, Issue 15, April 7, 2025

THINGS THAT MIGHT PUT YOU ON THE 'RADAR'

- New 2025 Rule for HIPAA: focusing on strengthening cybersecurity and enhancing patient rights.
 - Multi-Factor Authentication (MFA)
 - Enhanced Encryption
 - Strengthened Risk Analysis
 - Improved Incident Response
 - Elimination of "Addressable" Standards

THINGS TO KNOW IN 2025

1. Congress passed the CR on March 15, 2025, extending the American Relief Act until Sept 30, 2025. Under this new resolution, the physician fee schedule remained bleak. No increase and even a 2.8% cut.
2. First quarter 2025 saw an update for HCPCS with nearly 150 changes. Effective April 1, 83 added codes, 37 discontinued codes and 28 revised codes. Verify before billing!

*Part B News, Decision Health, Vol 39, Issue 13, March 24, 2025 and Issue 16, April 14, 2025

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Refresher for E/M codes (Evaluation & Management codes)

The rules in 2024 for E/M codes (99202-99215) have basically not changed in 2025.
Evaluation and Management (E/M) codes
Clarification for documentation on E/M codes

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PLICO 2025

- To determine which level of E/M codes can be billed, the organization has two options:
- **Time** (Must be medically necessary for the patient's condition)
Or
- **MDM** (Must have a medically appropriate history and/or exam. It is always up to the discretion of the providers to determine what is medically appropriate for their patient.)

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DESCRIPTIONS OF SOME COMMON E/M CODES:

99211 – NOT EVALUATED
Office or other outpatient visit for the evaluation and management of an established patient, that may not require the presence of a physician or other qualified health care professional. Usually, the presenting problem(s) are minimal. (NO Time)

99212 -
Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and straightforward medical decision making with (Straight Forward Complexity) (10 Min must be met or exceeded.)

99213 -
Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and low level of medical decision making. (Low Complexity) (20 Min must be met or exceeded.)

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DESCRIPTIONS OF SOME COMMON E/M CODES:

99214 -
Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and moderate level of medical decision making. (Moderate Complexity) (30 Min must be met or exceeded.)

99215 -
Office or other outpatient visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and high level of medical decision making. (High Complexity) (40 Min must be met or exceeded.)

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**MDM AMA Guidelines
History and/or Examination**

1. Office or other outpatient services include a medically appropriate history and/or physical examination, when performed.
2. The nature and extent of the history and/or physical examination is determined by the treating physician or other qualified health care professional reporting the service.
3. The care team may collect information, and the patient or caregiver may supply information directly (e.g., by portal or questionnaire) that is reviewed by the reporting physician or other qualified health care professional.
4. The extent of history and physical examination is not an element in selection of office or other outpatient services.

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**More on
Considering History and Exam**

- ▶ “The 2024 revisions to E/M coding criteria represent a significant shift in how healthcare providers document and bill their services.”
- ▶ -By focusing on medical decision-making and total time spent on patient care, these changes aim to simplify the coding process while accurately reflecting the complexity of patient care in today’s healthcare industry.
- ▶ -The primary goal of obtaining a medical history from the patient is to understand the state of health of the patient further and to determine within the history what is related to any acute complaints to direct you toward a diagnosis.”

*From the AMA 2024 CPT Code Book

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**From the AMA CPT 2025 Code Book
Considering History and Exam**

Code Shift: Importance of “Still documenting History and Exam”

“This shift acknowledges that the complexity of patient care is better reflected in the medical decision-making process rather than the traditional elements of history and physical examination.”

*From the AMA 2025 CPT Code Book

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**MDM (Medical Decision Making)
for all E/M codes**

Medically Appropriate* History	Medically Appropriate* Exam	MDM (Medical Decision Making)
<small>Reviewed, but not audited</small>	<small>Reviewed, but not audited</small>	<small>AUDITED! Drives the Code Selection</small>

Medically appropriate means at the provider's discretion →

Remember: Even though the history and exam won't count toward the E/M level, medical necessity dictates that providers will still have to **perform a condition-appropriate history and/or exam for each patient they see**. The 'counting of elements' or completing a template is no longer the focus.

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Final Point To Consider

The provider must perform a history and/or exam that was appropriate in detail/content for the patient's presenting problem in their opinion.

Even with the relaxed history and exam criteria, it still comes down to standard of care when evaluating and treating patients. If what's documented doesn't meet that standard of care, the provider hasn't met the code criteria.

These guidelines are to be used by the reporting physician or other qualified health care professional to select the appropriate level of service. These guidelines do not establish documentation requirements or standards of care.

Select the appropriate level of E/M services based on the following options:

- 1.) The level of the **MDM** as defined for each service, **OR**
- 2.) The use of billing by **time** for E/M.

Next are the requirements for MDM for choosing the E/M levels.

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From the AMA CPT 2024 Code Book
Medical Decision Making

MDM includes establishing diagnoses, assessing the status of a condition, and/or selecting a management option.

- 1st Element: The number and complexity of problems that are addressed during the encounter.
- 2nd Element: The amount and/or complexity of data to be reviewed and analyzed.
- 3rd Element: The risk of complications and/or morbidity or mortality of patient management.

For each code level you MUST have met 2 of the 3 elements of MDM!!

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1st element of MDM: Number & Complexity of Problems Addressed

CPT Code	General Categories				
	99211	99212	99213	99214	
Minimum number of problems addressed	NA	2F	Low (L2)	Moderate (M)	
1st Element: Number of problems addressed	NA	Minimal 1 self-limited or minor problem	Low 1 or more self-limited or minor problems; or 1 stable chronic illness; or 1 acute, uncomplicated illness or injury NEW or 1 stable, acute illness or 1 acute, uncomplicated illness or injury requiring hospital (or observation level) care	Moderate 1 or more chronic illnesses with exacerbation, progression, or side effects of treatment; or 2 or more stable chronic illnesses or 1 undiagnosed new problem with uncertain prognosis; or 1 acute illness with systemic symptoms; or 1 acute complicated injury	High (H)

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2nd element of MDM: Amount &/or Complexity of Data to be Reviewed and Analyzed

CPT Code	General Categories				
	99211	99212	99213	99214	
Minimum number of data reviewed or analyzed	NA	2F	Low (L2)	Moderate (M)	
2nd Element: Amount or complexity of data reviewed or analyzed	NA	Minimal 1 self-limited or minor problem	Low 1 or more self-limited or minor problems; or 1 stable chronic illness; or 1 acute, uncomplicated illness or injury NEW or 1 stable, acute illness or 1 acute, uncomplicated illness or injury requiring hospital (or observation level) care	Moderate 1 or more chronic illnesses with exacerbation, progression, or side effects of treatment; or 2 or more stable chronic illnesses or 1 undiagnosed new problem with uncertain prognosis; or 1 acute illness with systemic symptoms; or 1 acute complicated injury	High (H)

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