Navigating the Challenges and Shaping the Future of Public Health in the U.S.

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Disclosures

I have no relevant disclosures or conflicts of interest.



Learning Objectives

- Define public health.
- Explore some of the historic victories of public health.
- Discuss the evolving landscape of public health.
- Understanding ongoing issues that drive health outcomes including health equity issues, access to care, and emerging health threats.
- How do we all contribute to positive changes in a challenging environment?



A bill introduced in the Minnesota state legislature calls mRNA vaccines "weapons of mass destruction" and if passed would carry punishment of up to 20 years in prison for possessing or administering them.



The bill's language appears to have been drafted by Joseph Sansone, a Florida hypnotist and conspiracy theorist who believes that mRNA treatments are "nanoparticle injections" that amount to "biological and technological weapons of mass destruction."



Key Points of My Presentation

What I want you to take home......

- Most of the improvements in health outcomes and life expectancy in the past century are due to public health initiatives (not medical care).
- Health equity issues are a key drivers of health outcomes at both the individual patient level and for population health.
- In a global economy, diseases transcend borders, moving as freely as goods, services, and people.
- There will be another pandemic!

The Intersection of Public Health and Medicine

- A previously healthy 19-year-old patient presented to the emergency room with a two-day history of myalgias (muscle aches), arthralgias (sore joints), and pharyngitis (sore throat). He has also had a severe headache.
 - Traveling across the country from Michigan to return to college in Arizona
- T: 39.6 C, pulse 124, BP 83/44, RR 18



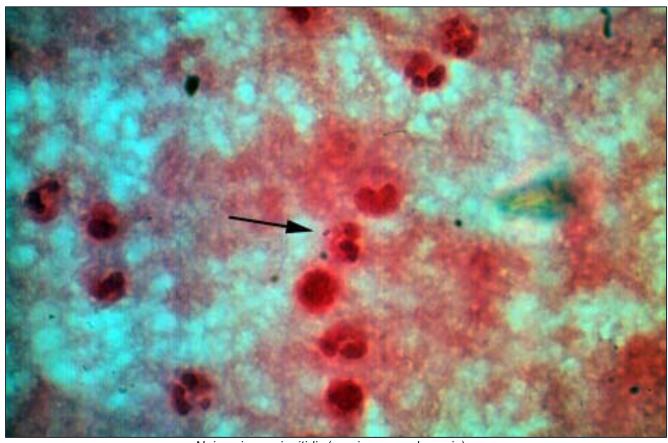


First view entering the patient's room in the Emergency Department

Classic rash (purpura) of meningococcal sepsis



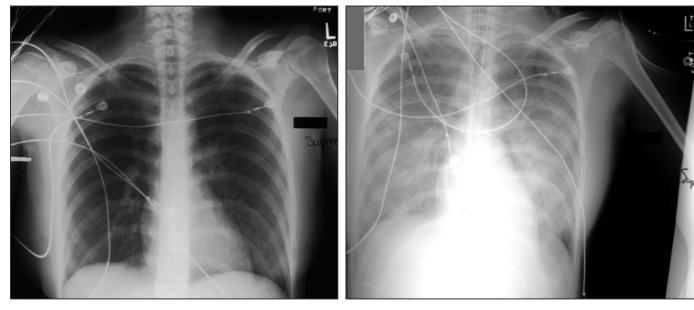
Aerobic **gram-negative** diplococcus in blood smear



Neisseria meningitidis (meningococcal sepsis)



Admitted to the ICU. Treated with IVs and Appropriate Antibiotics

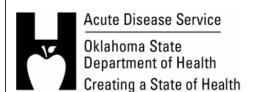


7:00 AM





(REV. 10/2019)



REPORTABLE DISEASES/ **CONDITIONS**

The following diseases are to be reported to the OSDH by PHIDDO or telephone (405-271-4060) immediately upon suspicion, diagnosis, or positive test.

Anthrax

Bioterrorism - suspected disease

Botulism

Diphtheria

Free-living amebae infections causing primary

amebic meningoencephalitis

Hepatitis B during pregnancy (HBsAg+)

Measles (Rubeola)

Meningococcal invasive disease

Novel coronavirus

Novel influenza A

Outbreaks of apparent infectious disease

Poliomyelitis Rabies

Smallpox Typhoid fever

Viral hemorrhagic fever

https://www.ok.gov/health/Prevention and Preparedness/Acute Disease Service/Disease Reporting/What to Report/index.html



Road to Public Health

After my residency, I practiced in Tulsa for 10 years. I loved the physician-patient relationship and the trust and communication that came from caring for the patient.

I wanted to do work that would allow me to learn research design and to publish my work. I started my MPH degree program in 1994.

I worked at the OFMQ where I routinely interacted nationally with experts on a variety of topics. I had a strong team of nurses and statisticians with me.

I completed my MPH in 1996 and by then was deeply involved in national work on healthcare quality with the Medicare Program (CMS). I never stopped patient care as it was an important part of my professional satisfaction.



692 INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY November 2000

Editorial

Hospital-Based Influenza and Pneumococcal Vaccination: Sutton's Law Applied to Prevention

David S. Fedson, MD; Peter Houck, MD; Dale Bratzler, DO, MPH

Early in their education, virtually all medical students are taught the importance of following Sutton's Law in formulating a differential diagnosis. Sutton's Law is based on the remark made by the notorious bank robber, Willie Sutton. When asked why he robbed banks, he replied, "That's where the money is.".......

In formulating a differential diagnosis, the student is advised to think first of common problems, not rare diseases. More often than not, diagnosing a common problem is "where the money is."

Fedson DS, Houck P, Bratzler D. *Infect Control Hosp Epidemiol*. 2000 Nov;21(11):692-9. doi: 10.1086/501716. PMID: 11089652.



Why give vaccines to hospitalized patients?

Fedson DS, Houck P, Bratzler D. *Infect Control Hosp Epidemiol.* 2000 Nov;21(11):692-9. doi: 10.1086/501716. PMID: 11089652.

• "What is the best vaccination strategy for reaching people who, if not vaccinated, will have the greatest likelihood of being hospitalized or dying of these two diseases?" The answer is patients who are being discharged from the hospital. Hospital-based influenza and pneumococcal vaccination is "where the money is."

Discharged elderly patients accounted for 39% to 46% of all subsequent influenza-related hospital admissions and approximately two thirds of all influenza-related deaths."

"The US studies showed that 50% to 66% of bacteremic* patients who survived and 67% to 78% of those who died had been discharged within the previous 3 to 5 years."

*pneumococcal bacteremia.



ORIGINAL INVESTIGATION

Failure to Vaccinate Medicare Inpatients

A Missed Opportunity

Dale W. Bratzler, DO, MPH; Peter M. Houck, MD; Hui Jiang, MS; Wato Nsa, MD, PhD; Claudette Shook, RN: Lori Moore. RN: Lisa Red, MSHA

Background: Hospitalized elderly patients are at risk for subsequent influenza and pneumococcal disease. Despite this risk, they are often not vaccinated in this setting.

Methods: We reviewed the medical records of a national sample of 107311 fee-for-service Medicare patients, 65 years or older, discharged from April 1, 1998, through March 31, 1999, with a principal diagnosis of acute myocardial infarction, heart failure, pneumonia, or stroke. We linked patient identifiers to Medicare Part B claims to identify influenza and pneumococcal vaccines paid for before, during, or after hospitalization. The main outcome measures were documentation by chart review or paid claim of influenza or pneumococcal vaccination.

Results: Of the 104976 patients with a single hospitalization, 35169 (33.5%; 95% confidence interval [CI], 33.2%-33.8%) received pneumococcal vaccination prior to admission, 444 (0.4%; 95% CI, 0.4%-0.5%) were vac-

cinated in the hospital, and 1076 (1.0%; 95% CI, 1.0%-1.1%) were vaccinated within 30 days of discharge. In the subgroup of 40 488 patients discharged from October through December, 12782 (31.6%; 95% CI, 31.1%-32.0%) received influenza vaccination prior to admission, 755 (1.9%; 95% CI, 1.7%-2.0%) were vaccinated in the hospital, and 4302 (10.6%; 95% CI, 10.3%-10.9%) were vaccinated after discharge. Of patients who were unvaccinated prior to admission, 97.3% (95% CI, 97.1%-97.5%) did not receive influenza vaccine and 99.4% (95% CI, 99.3%-99.4%) did not receive pneumococcal vaccine before hospital discharge.

Conclusion: National recommendations for inpatient vaccination against influenza and pneumococcal disease are not being followed for the vast majority of eligible Medicare patients admitted to the hospital.

Arch Intern Med. 2002:162:2349-2356

We reviewed the medical records of 107,311 Medicare patients who were 65 years or older!

"National recommendations for inpatient vaccination against influenza and pneumococcal disease are not being followed."

Bratzler DW, Houck PM, et al. Arch Intern Med. 2002;162:2349-56



Table 2. Proportion of Medicare Inpatients Who Received Influenza Vaccination Before, During, or After Hospitalization*

	Prior to Admission†		During Admission‡		After Discharge§		Total	
Diagnosis (n)	Unweighted % (95% CI)	Weighted % (95% CI)	Unweighted % (95% CI)	Weighted % (95% CI)	Unweighted % (95% CI)	Weights (95	eighted % CI)	Weighted % (95% CI)
AMI (6549)	31.2 (30.1-32.3)	30.3 (29.2-31.4)	1.4 (1.2-1.8)	1.3 (1.1-1.7)	11.4 (10.7-12.2)	10	(42.8-45.3)	42.4 (41.2-43.6)
Heart failure (10 529)	31.4 (30.5-32.3)	31.2 (30.3-32.1)	1.9 (1.6-2.2)	1.7 (1.5-2.0)	10.5 (9.9-11.1)	11/2	3.8 (42.8-44.7)	42.7 (41.7-43.6)
Pneumonia (13 772)	31.7 (30.9-32.5)	31.4 (30.6-32.2)	2.4 (2.2-2.7)	1.9 (1.6-2.1)	10.7 (10.2	.6)	44.9 (44.0-45.7)	43.4 (42.6-44.2)
Stroke (9638)	31.9 (31.0-32.8)	31.1 (30.2-32.0)	1.3 (1.1-1.5)	1.0 (0.8-1.2)	10	(9.3-10.5)	43.3 (42.3-44.3)	42.0 (41.0-43.0)
All patients (40 488)	31.6 (31.1-32.0)	31.1 (30.7-31.6)	1.9 (1.7-2.0)	1.5 (1.4-1.7)		.1 (9.8-10.4)	44.1 (43.6-44.5)	42.7 (42.2-43.2)

*Analysis is limited to Medicare patients with a single hospitalization who we adjustment based on the state-specific sampling scheme. Cl indicates confident Based on an analysis of Medicare Part B paid claims or documentation states of the state of th

Table 3. Proportion of Medicare Inpatig

October 1 and December 31, 1998. Weighted results reflect er of patients; and AMI, acute myocardial infarction.

all record of prior vaccination during the current influenza season.

enza vaccine (P = .12).

neumococcal Vaccination Before, During, or After Hospitalization*

	Prior to Adm		During Admission‡		After Discharge§		Total	
Diagnosis (n)	Unweighted of (95% p	M.	Unweighted % (95% CI)	Weighted % (95% CI)	Unweighted % (95% CI)	Weighted % (95% CI)	Unweighted % (95% CI)	Weighted % (95% CI)
AMI (18701)	31.1	.4-31.8)	0.2 (0.2-0.3)	0.2 (0.2-0.3)	0.8 (0.7-0.9)	0.8 (0.6-0.9)	32.1 (31.4-32.8)	32.1 (31.4-32.7)
Heart failure (31 180)	33.8 (5	(32.5-33.5)	0.3 (0.2-0.3)	0.2 (0.2-0.3)	0.8 (0.7-0.9)	0.6 (0.6-0.7)	34.8 (34.3-35.4)	33.9 (33.3-34.4)
Pneumonia (24 846)	37.0 (36.4-3)	36.2 (35.6-36.8)	1.0 (0.9-1.2)	0.8 (0.7-0.9)	2.0 (1.8-2.2)	1.8 (1.6-2.0)	40.0 (39.4-40.6)	38.8 (38.2-39.4)
Stroke (30 249)	31.9 (31.3-32.4)	31.2 (30.7-31.7)	0.2 (0.2-0.3)	0.2 (0.2-0.3)	0.6 (0.5-0.7)	0.6 (0.5-0.6)	32.7 (32.2-33.2)	32.0 (31.4-32.5)
All patients (104 976)	33.5 (33.2-33.8)	32.9 (32.6-33.2)	0.4 (0.4-0.5)	0.3 (0.3-0.4)	1.0 (1.0-1.1)	0.9 (0.9-1.0)	34.9 (34.7-35.2)	34.2 (33.9-34.4)

Before, during, or after hospitalization:

Only 43% of the hospitalized patients 65 and older received the influenza vaccine.

Only 34% of the hospitalized patients 65 and older received the pneumococcal vaccine!



Study says vaccination rules for elderly ignored

LINDSEY TANNER Associated Press 11/11/2002

Tulsa World (Final Home Edition), Page A18 of News

Policy changes:

- Allowed for standing orders for vaccines in hospitals.
- Required hospitals to capture and publicly report their vaccination rates.

Annual flu shots are recommended for all adults age 50 and older. Pneumococcal vaccine, recommended for adults 65 and older, is usually given once to prevent pneumonia, meningitis and bloodstream infections.

To boost vaccination rates, the government's Advisory Committee on Immunization Practices recommends that both vaccines be administered to adults during hospitalizations. Hospitalized adults are a captive audience and are especially vulnerable to serious complications from flu or pneumonia because they're already sick, said the lead researcher, Dr. Dale W. Bratzler of the Oklahoma Foundation for Medical Quality.

Bratzler said lack of awareness about the guidelines and patients' unfounded concerns about the vaccines' safety were partly to blame.

The Mayo Clinic in Rochester, Minn., has made the two vaccines part of a "standing orders" program, said Dr. Greg Poland, the director of the Mayo Vaccine Research Group. Nurses screen every adult inpatient and vaccinate those who consent and are not already immunized, Poland said.

The study suggests that far too few hospitals are doing the same, he said.

"To actually have hard numbers now that that's how miserable this is should embarrass the medical system and hopefully outrage us and propel us to action," Poland said.



ORIGINAL ARTICLE

Use of Antimicrobial Prophylaxis for Major Surgery

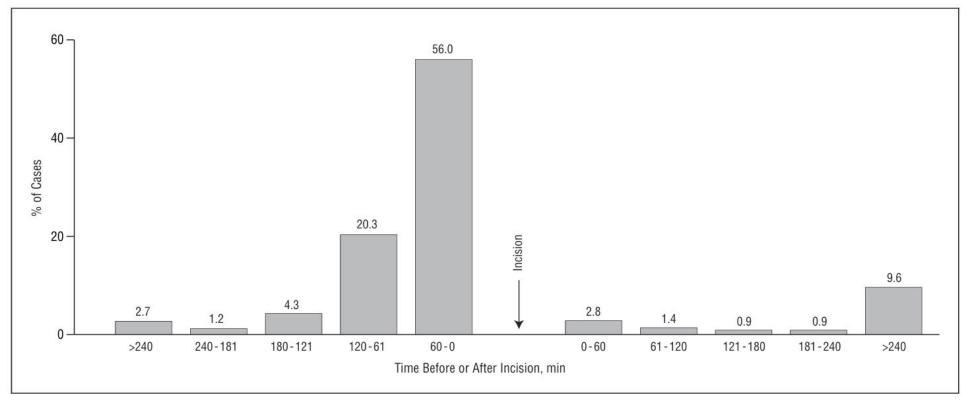
Baseline Results From the National Surgical Infection Prevention Project

Dale W. Bratzler, DO, MPH; Peter M. Houck, MD; Chesley Richards, MD, MPH; Lynn Steele, MS, CIC; E. Patchen Dellinger, MD; Donald E. Fry, MD; Claudia Wright, MS; Allen Ma, PhD; Karina Carr, RN; Lisa Red, MSHA

In review of the medical records of 34,133 Medicare inpatients undergoing major surgery we found substantial opportunities to improve the use of prophylactic antimicrobials.

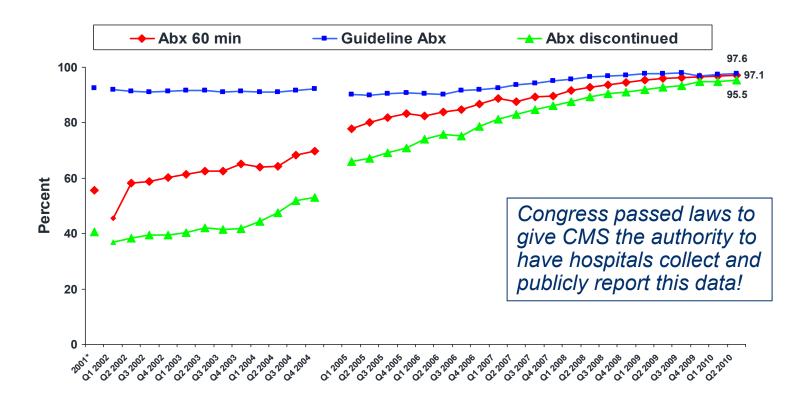
Bratzler DW, Houck PM, et al. Use of antimicrobial prophylaxis for major surgery: baseline results from the National Surgical Infection Prevention Project. *Arch Surg.* 2005 Feb;140(2):174-82. doi: 10.1001/archsurg.140.2.174. PMID: 15724000.





The ideal time to give antibiotics before surgery to prevent infection is to start the infusion in the hour before incision.

National Performance in Response to CMS Requirements





My public health journey.....

I came to the realization that these two studies and the national response they got probably saved more lives than anything I had done in my medical career to that point.

- Both initiatives were supported by a large national team of collaborators.
- Both involved change to public policy.
- Both focused on evidence-based interventions to reduce harm and save patient lives.



Characteristic of public health interventions, you don't know the names of any people who may have been saved.



What is Public Health?



Definition of Public Health

Winslow played a leading role in defining and shaping the public health profession in America, and his papers trace the growth of the profession from its origin in bacteriology and sanitary engineering.

 "The science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private communities, and individuals."

Charles-Edward Armory Winslow



On Public Health

Professor Winslow on the American Public Health Association, 1947

• The history of our Association is, in essence, the history of perhaps the most significant social movement of modern times. It was founded in the dawn of a new era, the era in which-for the first time in human history-the life span of the human animal ceased to be a play-thing of Lachesis* and became a factor largely under the control of the human will; when, in the words of Hermann M. Biggs, it became clear that 'within natural limitations, a community can determine its own death rate."

*In Greek mythology, Lachesis is the measurer of the thread spun on Clotho's spindle, and in some texts, determines Destiny, or thread of life.



Definition of Public Health

CDC Foundation

 Public health is the science of protecting and improving the health of people and their communities. This work is achieved by promoting healthy lifestyles, researching disease and injury prevention, and detecting, preventing and responding to infectious diseases. Overall, public health is concerned with protecting the health of entire populations. These populations can be as small as a local neighborhood, or as big as an entire country or region of the world.



Brief History of Public Health in the United States

Evolution of Public Health Eras in the United StatesPublic Health

Public health 1.0 Tremendous growth of Public health 2.0 knowledge and tools Systematic development for both medicine and Public health 3.0 public health of public health governmental agency Engage multiple sectors · Uneven access to care and community partners capacity across the and public health **United States** to generate collective impact · Focus limited to traditional public health · Improve social determinants of health agency programs Affordable 2012 IOM 1988 IOM Recession The Future of Care Act For the Public's Public Health report Health reports

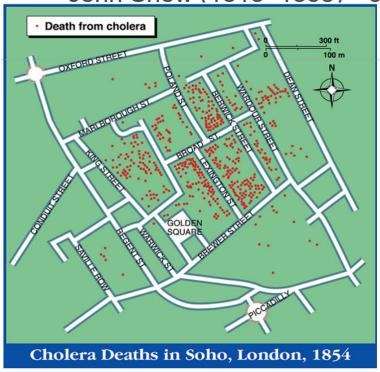


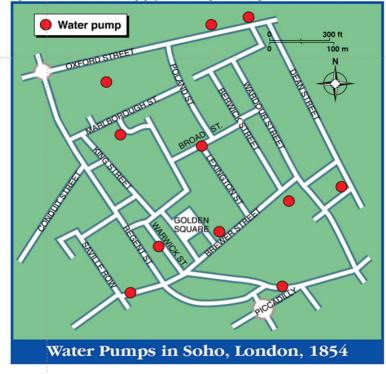
Late

1800s

Early Public Health – Water and Sanitation

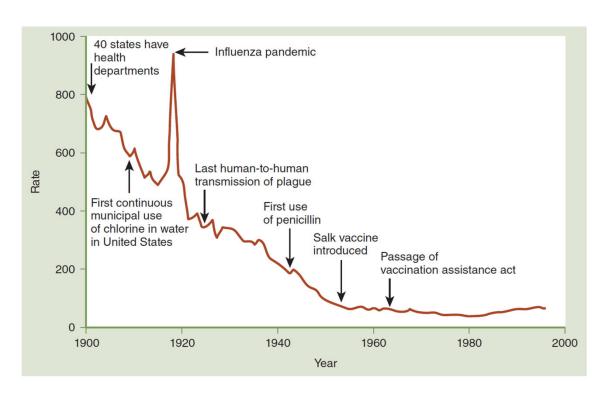
John Snow (1813–1858)—cholera epidemiology, the pump handle







20th Century Decline in Death Due to Infectious Diseases



Why have infectious diseases declined?

- Public health measures such as clean water and sanitation (were the most important contributions)
- Vaccination
- Antimicrobials penicillin not used for patients until the 1940s

JAMA. 1999;281(1):61-66.



Influenza Pandemic of 1918

- Infected 1/3 of the world's population (~500 million patients)
 - 20-50 million deaths (675,000 deaths in the US alone)
 - Struck many previously healthy, young people—a group normally resistant to this type of infectious illness
 - More U.S. soldiers died from the 1918 flu than were killed in battle during World War 1
- 1918 virus differed from other human and animal influenza viruses (no innate immunity)
 - Co-pathogenic with pneumonia bacteria including Staphylococcus aureus
 - Highest risk are infants, toddlers, elderly, pregnant women, chronic disease

"In one year, the average life expectancy in the United States dropped by 12 years!"





Eradication of Smallpox

Borders do not contain infectious diseases!

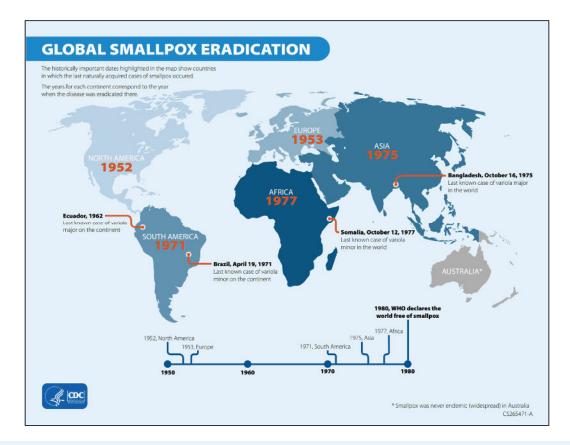
Highlights from history

- 6th Century: Increased trade with China and Korea brings smallpox to Japan.
- 7th Century: Arab expansion spreads smallpox into northern Africa, Spain, and Portugal.
- 11th Century: Crusades further spread smallpox in Europe.
- 15th Century: Portugal occupies part of western Africa, bringing smallpox.
- 16th Century: European settlers and the African slave trade import smallpox into the Caribbean and Central and South America.
- 17th Century: European settlers bring smallpox to North America.
- 18th Century: Explorers from Great Britain bring smallpox to Australia.

https://www.cdc.gov/smallpox/about/history.html



Eradication of Smallpox Infections





Three-year-old Rahima Banu with her mother in Bangladesh. Rahima was the last known person to have had naturally acquired smallpox in the world.

She was isolated at home with house guards posted 24 hours a day until she was no longer infectious. A house-to-house vaccination campaign within a 1.5-mile radius of her home began immediately.

https://www.cdc.gov/smallpox/about/history.html



Poliomyelitis



"The Man in the Iron Lung", passed away March 11, 2024. After surviving polio as a child, he lived over 70 years inside of an iron lung.



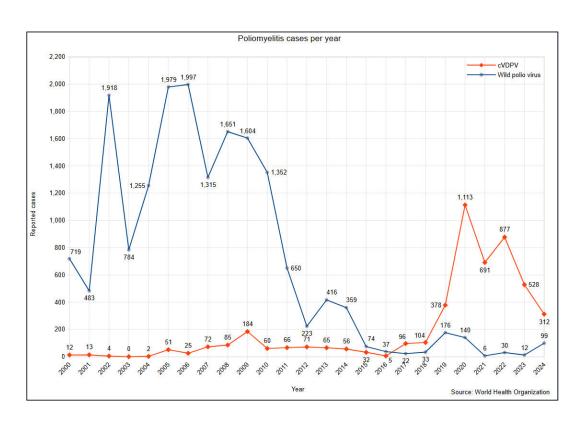




Progress towards Eradication of Polio

As long as wild poliovirus remains in Afghanistan and Pakistan, all countries are at risk of wild poliovirus being imported.

In some other countries, poliovirus variants (also known as vaccine-derived poliovirus) present an additional challenge. Variant poliovirus outbreaks emerge when not enough children are vaccinated against polio.





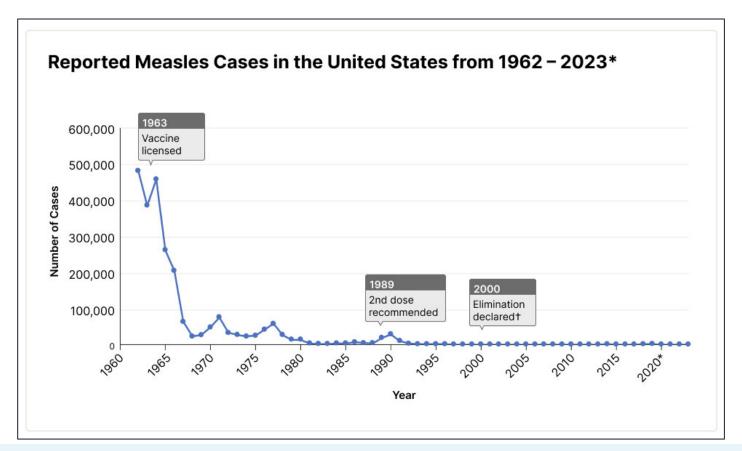
New York Case of Vaccine-derived Polio



https://www.healio.com/news/infectious-disease/20220721/new-york-detects-case-of-vaccinederived-polio?gad_source=5&gad_campaignid=20379183835&gclid=ElaIQobChMI9r2V052ujQMVHy3UAR1pDCpGEAAYAiAAEgLgVvD_BwE



Measles – We nearly had Herd Immunity

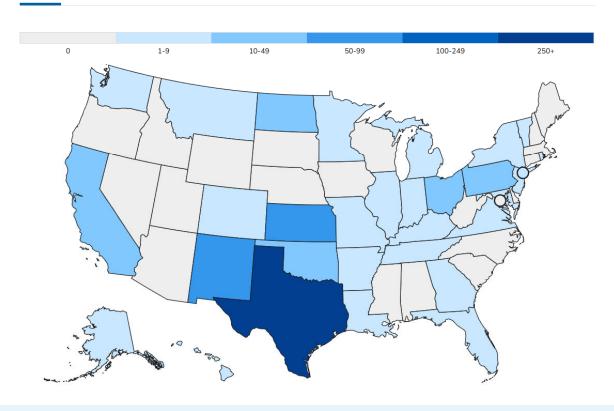




Map of measles cases in 2024 & 2025

as of May 15, 2025

2025 2024





Measles in the US - 2025 (so far)

U.S. Cases in 2025

Total cases

1024

Age

Under 5 years: **303 (30%)** 5-19 years: **388 (38%)** 20+ years: **325 (32%)** Age unknown: **8 (1%)**

Vaccination Status

Unvaccinated or Unknown: 96%

One MMR dose: **1%** Two MMR doses: **2%**

U.S. Hospitalizations in 2025

13%

13% of cases hospitalized (128 of 1024).

Percent of Age Group Hospitalized

Under 5 years: 23% (69 of 303)

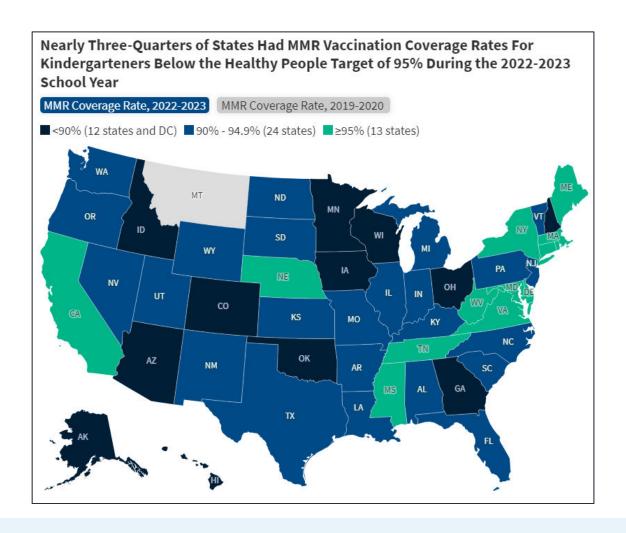
5-19 years: **9% (33 of 388)**

20+ years: **8% (25 of 325)**

Age unknown: 13% (1 of 8)

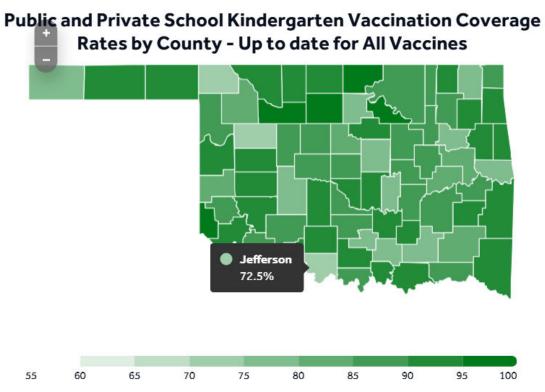
3 deaths reported in 2025







Measles Vaccination rates by County



https://www.koco.com/article/measles-oklahomamap-vaccination-rates/64153400



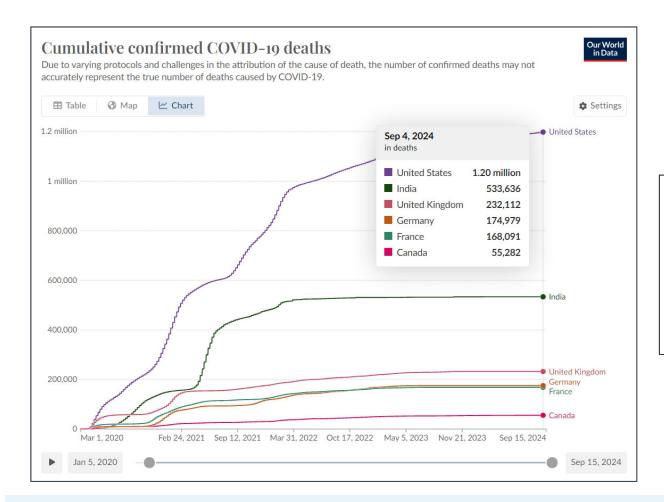
COVID-19 Myth – this is just a bad flu....



In Oklahoma, every ICU bed in the state was filled!

When is the last time you heard of hospitals using refrigerated trucks for bodies, or ICUs overflowing with limited numbers of ventilators.... from the flu?





United States:

- 6,909,932 hospitalizations
- 1,200,000 Deaths

Oklahoma:

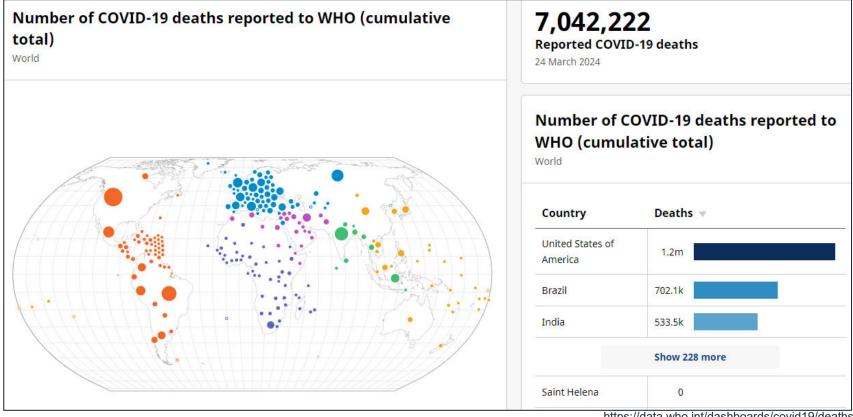
- 116,999 hospitalizations
- 20,354 deaths

US and OK data as of March 30, 2024, from the CDC.

https://covid.cdc.gov/covid-data-tracker



COVID Worldwide

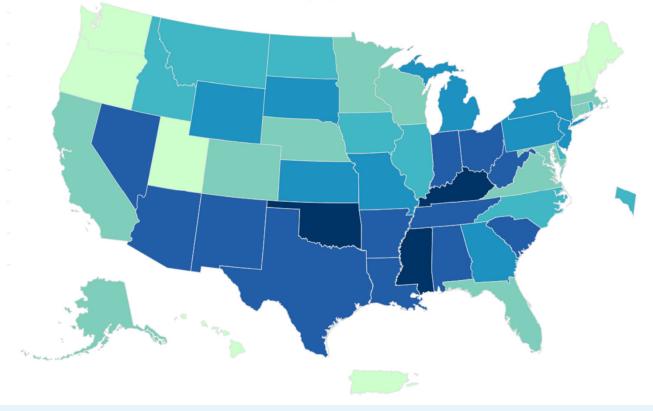






COVID Deaths by State





Oklahoma had the second highest death rate in the nation due to COVID-19!

Deaths per 100,000 population:

- Mississippi 447
- Oklahoma 444.1
- West Virginia 394

https://covid.cdc.gov/covid-data-tracker/#maps_deaths-rate-total





Operation Warp Speed was a United States government initiative, running from May 15, 2020, to February 24, 2021, focused on accelerating the development, manufacturing, and distribution of COVID-19 vaccines, therapeutics, and diagnostics. It was a public-private partnership designed to speed up the process of getting vaccines to the American public.

Global COVID vaccination saved 2.4 million lives in first 8 months, study estimates

Mary Van Beusekom, MS, October 31, 2023

Topics: COVID-19



SHARE

The COVID-19 vaccination campaign in 141 countries averted 2.4 million excess deaths by August 2021 and would have saved another 670,000 more lives had vaccines been distributed equitably, estimates a **working paper** from University of Southern California (USC) and Brown University researchers.

The National Bureau of Economic Research circulated the nonpeer-reviewed working paper for discussion and comment this week. The researchers estimated the real-world effectiveness of the global COVID-19 vaccine rollout on all-cause death rates, including both the direct and indirect effects of the pandemic.

"Within eight months, over 2 billion people were vaccinated globally, making it the largest public health campaign in history," the study authors wrote.

"To the best of our knowledge, this is the first study that estimates the effect of COVID-19 vaccines on the global all-cause mortality



USAID / Flickr cc

https://www.cidrap.umn.edu/covid-19/global-covid-vaccination-saved-24-million-lives-first-8-months-study-estimates





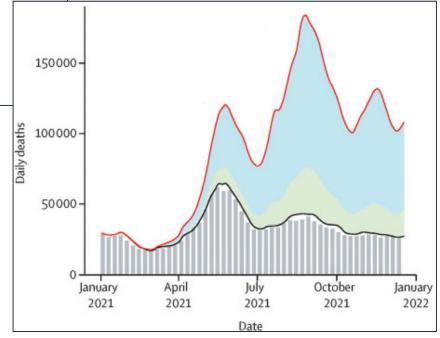
Heads Up 🙃 Free Access

Lives saved by COVID-19 vaccines

First published: 20 September 2022 | https://doi.org/10.1111/jpc.16213 | Citations: 1

edited by Craig Mellis (craig.mellis@sydney.edu.au)

Based on reported COVID-19 deaths, vaccinations prevented an estimated 14.4 million deaths from COVID-19 in a year. However, if excess deaths were used, this estimate rose to 19.8 million, equating to a global reduction of 63% in total deaths (19.8 million of 31.4 million) during the first year of COVID-19 vaccination.



Median number of daily COVID-19 deaths based on excess mortality estimates (grey vertical bars) in the first year of vaccination and modelled numbers of deaths averted. (), Excess mortality data; (), model fit to excess mortality; (), model fit without vaccines; (), deaths averted by vaccines (direct); (), deaths averted by vaccines (indirect).



The COVID-19 pandemic was a stark reminder of how swiftly viruses can travel across continents, affecting industries, economies, and societies worldwide.



Smoking and Health

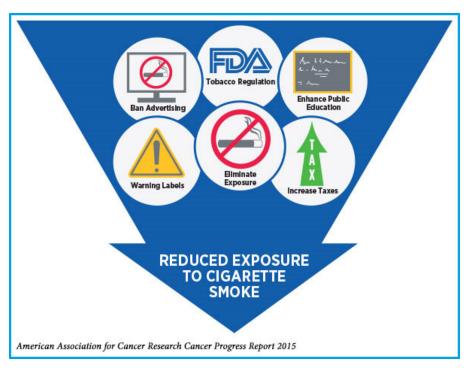
SMOKING and HEALTH

REPORT OF THE ADVISORY COMMITTEE
TO THE SURGEON GENERAL
OF THE PUBLIC HEALTH SERVICE



U.S DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE
Public Health Service

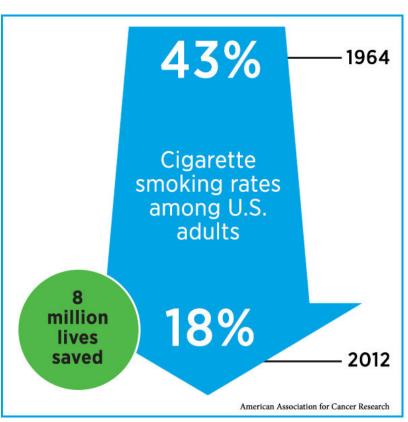
1964, Surgeon General Luther Terry Based on more than 7,000 studies!

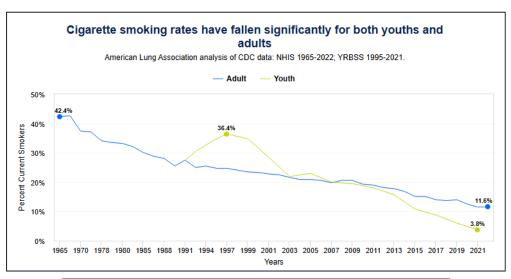


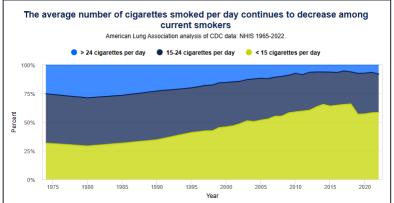
https://www.aacr.org/blog/2017/11/08/advances-in-tobacco-control/?gad_source=5&gad_campaignid=21152407190&gclid=EAlalQobChMI6brnqq-ujQMVdIV_AB0-IS5aEAAYAiAAEglqAvD_BwE



Tobacco Control







https://www.lung.org/research/trends-in-lung-disease/tobacco-trends-brief/overall-smoking-trends



The Evolving Landscape of Public Health



Substantial Shifts in Funding and Support

- Many training programs in public health have depended on funding to support research and student training
 - HRSA, NIH, CDC, USAID, EPA, NSF, USDA
 - Termination of many grants that addressed diversity, COVID, and other topics
 - Students reconsidering careers in public health
 - Funding not available to support doctoral training programs (schools reducing recruitment)
- Reduced federal infrastructure for disease surveillance, public health interventions, disease prevention
- Elimination of global health programs.







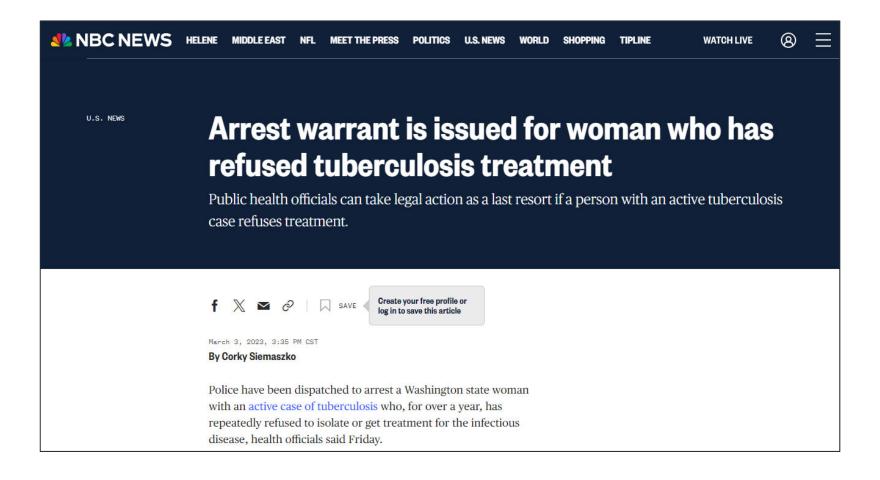
- Since 2004, the number of people on ART supported by the President's Emergency Plan for AIDS Relief (PEPFAR) has increased from 66,550 to more than 20 million.
- PEPFAR infrastructure in more than a dozen countries has also played a significant role in the global responses to COVID-19, Ebola and Zika.



Federal Law and Quarantine/Isolation

- Isolation and quarantine help protect the public by preventing exposure to people who have or may have a contagious disease.
 - Isolation separates sick people with a quarantinable communicable disease from people who are not sick.
 - Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.
- In addition to serving as health functions, isolation and quarantine also are "police power" functions, derived from the right of the state to take action affecting individuals for the benefit of society.







Doctrine of state "police power"

 Was adopted in early colonial America from firmly established English common law principles mandating the <u>limitation of private rights when needed for the</u> <u>preservation of the common good</u>.

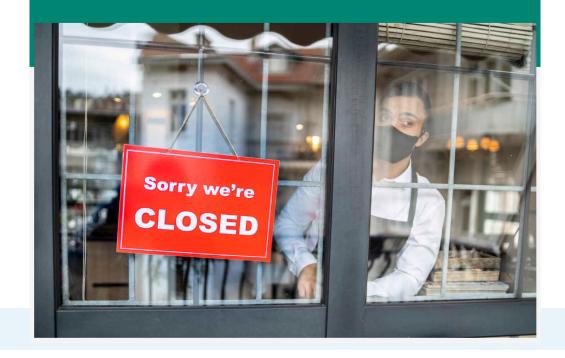


Public health agencies are responsible for protecting and promoting the health of the public within a specific jurisdiction. State and territorial health officials are granted legal authorities to prevent and mitigate the spread of infectious disease and other health threats.

The public good versus individual rights.....

OVERVIEW

The COVID-19 pandemic has brought the tension between individual rights and the public good to the forefront of the national discourse. Many pandemic response measures—such as <u>stay-at-home orders</u>, mandatory <u>business closures</u> or <u>restrictions</u>, and <u>mask mandates</u>—have evoked vocal opposition by individuals who feel these measures infringe on their freedom.





Backlash against public health.....

Threats to emergency powers:

 Recently, some states have moved to limit emergency powers and public health authority in response to perceived government overreach and outrage over handling of the pandemic. Such laws seek to prohibit mask wearing, ban the use of quarantine, block employer vaccine mandates, give legislatures unilateral power to stop public health actions, and more. These threats to emergency powers may compromise public health's ability to respond effectively to COVID-19, health equity and future public health threats.







Vaccine mis-information and conspiracies

Morbidity and Mortality Weekly Report

Decline in Vaccination Coverage by Age 24 Months and Vaccination Inequities Among Children Born in 2020 and 2021 — National Immunization Survey-Child, United States, 2021–2023

Holly A. Hill, MD, PhD¹; David Yankey, PhD¹; Laurie D. Elam-Evans, PhD¹; Yi Mu, PhD¹; Michael Chen, PhD¹; Georgina Peacock, MD¹; James A. Singleton, PhD¹

Implications for Public Health Practice

Recent decreases in coverage with most of the ACIP-recommended childhood vaccines could lead to a resurgence of vaccine-preventable diseases such as measles, varicella, and rotavirus and their associated morbidity and mortality.



International cooperation, rapid response systems, and equitable access to medical resources is essential to mitigate the impact of global health crises.





https://publichealth.jhu.edu/2025/the-consequences-of-the-us-withdrawal-from-the-who

Do we really want a system in which whether or not we like you and you like us determines our ability to collaborate on something of global importance like a potential pandemic?



How can we improve?



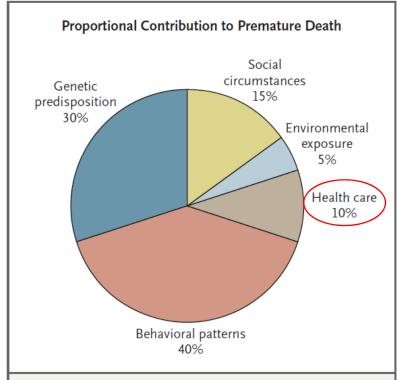


Figure 1. Determinants of Health and Their Contribution to Premature Death.

Adapted from McGinnis et al.10

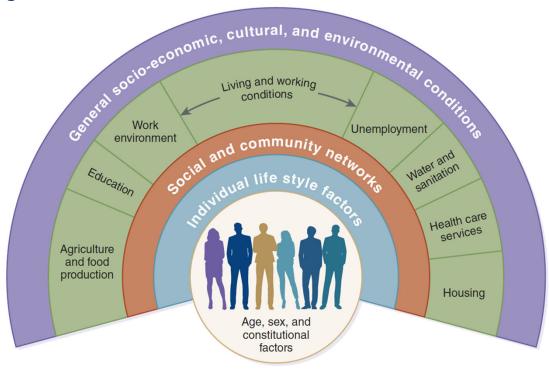
"The United States spends more on health care than any other nation in the world, yet it ranks poorly on nearly every measure of health status. How can this be? What explains this apparent paradox?.....

Schroeder SA. We can do better – Improving the health of the American people. *N Engl J Med*. 2007:1221-1228.



Public Health as a System

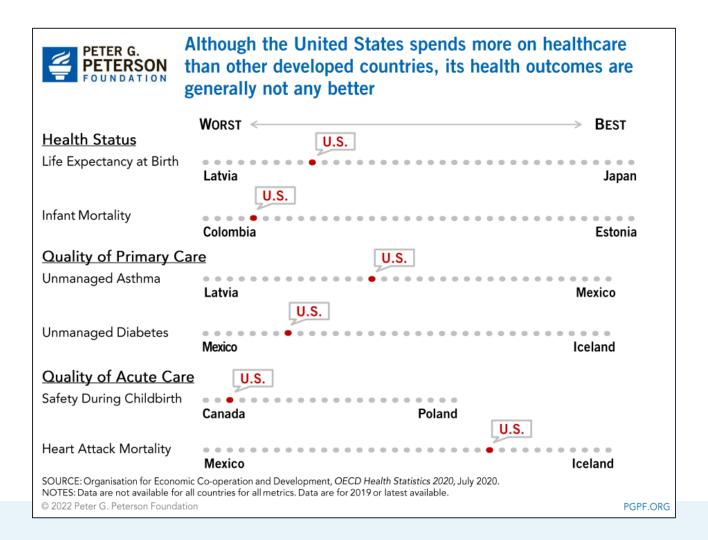
The Social Ecological Model of the Determinants of Health



Within the community:

https://www.preventioninstitute.org/sites/default/files/uploads/THRIVE%20overview%20and%20background.pdf







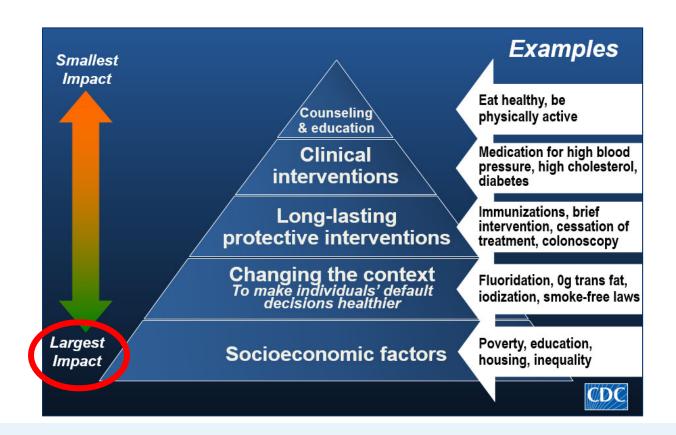
The U.S. Has the Lowest Life Expectancy Among Large, Wealthy Countries While Far Outspending Them on Health Care

Life expectancy (2021) and per capita healthcare spending (2021 or nearest year)

Country	Life expectancy	Health spending, per capita
United States	76.1	\$12,318
United Kingdom	80.8	\$5,387
Germany	80.9	\$7,383
Austria	81.3	\$6,693
Netherlands	81.5	\$6,190
■ Belgium	81.9	\$5,274
Comparable Country Average	82.4	\$6,003
France	82.5	\$5,468
Sweden	83.2	\$6,262
Australia	83.4	\$5,627
Switzerland	84.0	\$7,179
• Japan	84.5	\$4,666
		Health System Tracker



The Health Impact Pyramid





Equity in Healthcare -

 Consider two patients with high blood pressure at an office visit. Do they both have the same (aka equal) treatment plan? No, but they may have the same treatment goal!

To achieve blood pressure control, the treatment is matched to the clinical scenario. One patient may be prescribed diet and exercise, and one may get maximal three drug therapy. The goal is a safe and healthy outcome for each individual (health equity).

The conflation of health equity with DEI is ill informed, will harm patients and communities, threaten the broader goals of quality and safety, and pose ethical issues for the medical profession.



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Racial Differences in Hypertension: Implications for High Blood **Pressure Management**

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The Journal of Infectious Diseases

MAJOR ARTICLE

Infectious Diseases Society of America HIV Medicine Association OXFORD

Sex Differences in Risk Factors for Incident Sepsis Hospitalizations: A Prospective Cohort Study Using the UK Biobank

Gary K. K. Low, 1,2,a, Katie Harris, 3,a, Mark Woodward, 3,4,0 and Kelly J. Thompson 1,3,5,0

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Summarizing



Public Health is not Just a Profession – it's a promise

- To advocate for the vulnerable;
- To challenge the status quo;
- To forge solutions where others see obstacles!

Public Health is about People!



Challenges for Public Health

- Our graduating professionals will face misinformation, policy barriers, and health equity concerns that seem insurmountable.....but remember, every breakthrough in history began with a group of thinkers, doers, and leaders who refused to accept "impossible" as an answer.
- We must be the voice in the room where decisions are made!
- I asked our students to be the leaders that ensure that health is not a privilege but a fundamental right.

Key Points of My Presentation

What I want you to take home......

- Most of the improvements in health outcomes and life expectancy in the past century are due to public health initiatives (not medical care).
- Health equity issues are a key drivers of health outcomes at both the individual patient level and for population health.
- In a global economy, diseases transcend borders, moving as freely as goods, services, and people.
- There will be another pandemic!

