

## HIV Facts, Prevention and Care

Micah Derby, DO AAHIVS

**EXPLORE**  
HEALTHCARE SUMMIT

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### Learning Objectives

- Be informed of facts surrounding HIV in the US and Oklahoma
- Identify symptoms related to HIV infection
- Understand the screening indications and diagnostic algorithm of HIV
- Be able to summarize treatment options and clinical care in HIV
- List indications for pre-exposure prophylaxis (PrEP) to HIV
- Describe efficacy data in various populations at risk for HIV
- Construct an appropriate PrEP plan for a patient
- Identify appropriate follow up for a PrEP patient

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## HIV

HIV in the US – National Statistics  
HIV in Oklahoma – State Statistics  
Clinical Presentation and Care in HIV

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## HIV in the US – National Statistics

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**HIV in the US – National Statistics**

- Approximately 1.2 million people in the U.S. have HIV
- In 2022, an estimated 31,800 people acquired HIV in the U.S.
- Disproportionate impacts:
  - Gay
  - Bisexual
  - Men who have sex with men (MSM)

**1.2 Million**

Approximately how many people are living with HIV in the US  
(diagnosed & undiagnosed)

**13%**

People with HIV who do not know they have it

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**HIV in the US – National Statistics**

- Approximately 1.2 million people in the U.S. have HIV From 2018 to 2022, new HIV infections decreased by 27%
- In 2022, an estimated 31,800 people acquired HIV in the U.S.
- Disproportionate impacts:
  - Gay
  - Bisexual
  - Men who have sex with men (MSM)



**1.2 Million**

Approximately how many people are living with HIV in the US  
(diagnosed & undiagnosed)

**13%**

People with HIV who do not know they have it

27

New diag

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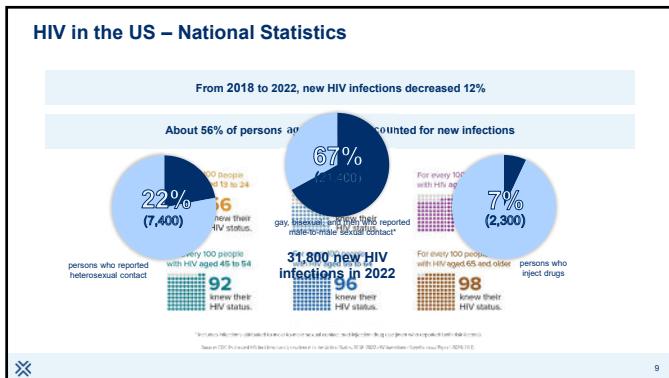
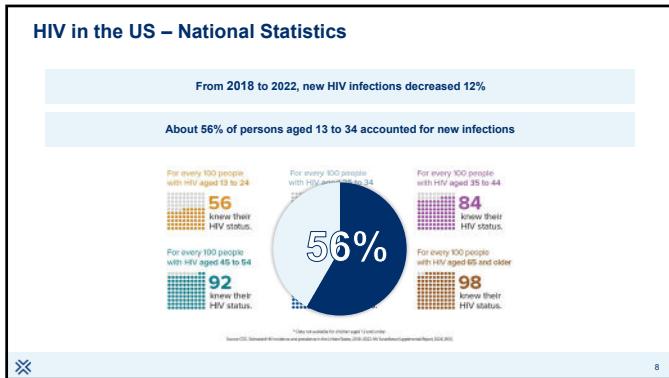
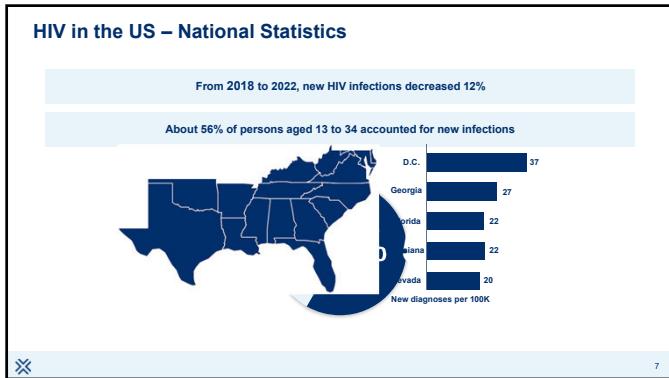
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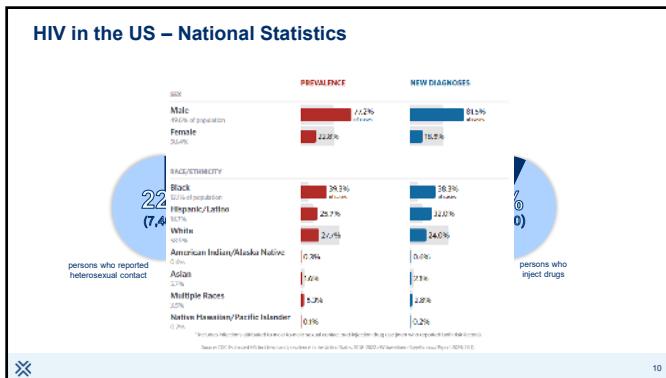


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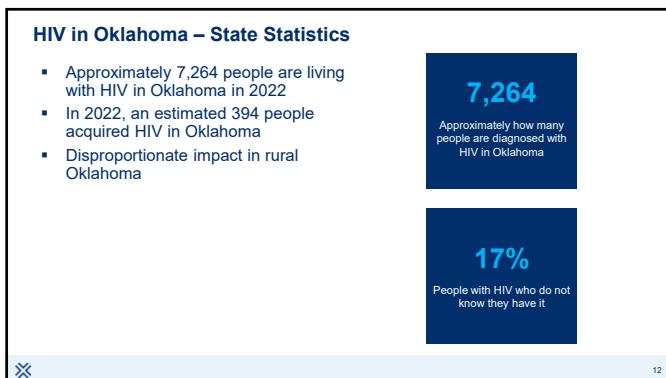


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## HIV in Oklahoma – State Statistics



### HIV in Oklahoma – State Statistics

- Approximately 7,264 people are living with HIV in Oklahoma. From 2018 to 2022, new HIV infections increased by 42%.
- In 2022, an estimated 394 people acquired HIV in Oklahoma.
- Disproportionate impact in rural Oklahoma

**7,264**

Approximately how many people are diagnosed with HIV in Oklahoma

**17%**

People with HIV who do not know they have it

Due to the COVID-19 pandemic, data from 2020 and 2021 should be interpreted with caution.

X 13

### HIV in Oklahoma – State Statistics

From 2018 to 2022, new HIV infections increased by 42%

Due to the COVID-19 pandemic, data from 2020 and 2021 should be interpreted with caution.

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### HIV in Oklahoma – State Statistics

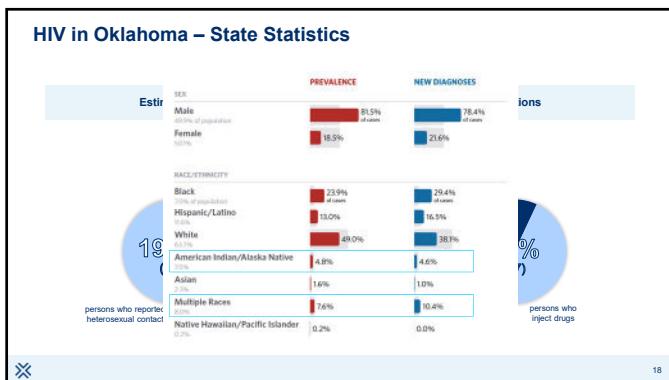
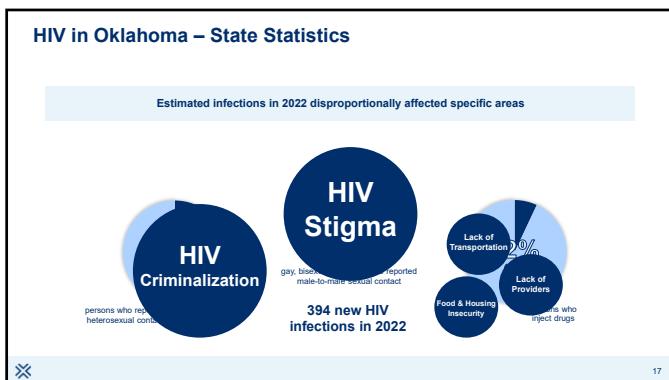
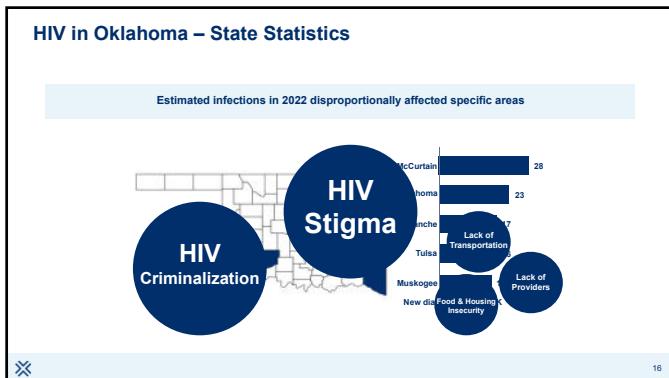
Estimated infections in 2022 disproportionately affected specific areas

About 57% of persons aged 13 to 34 accounted for new infections

County	New diagnoses per 100K
McCurtain	28
Oklahoma	23
Comanche	17
Tulsa	16
Muskogee	15

New diagnoses per 100K

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## Clinical Care in HIV

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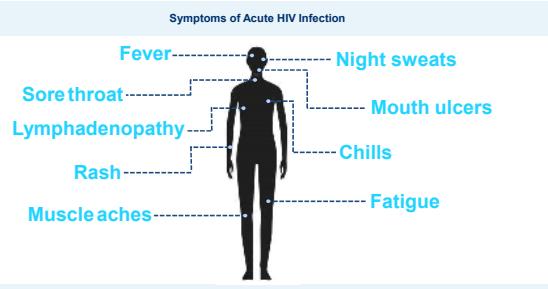
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### Clinical Care in HIV

**Symptoms of Acute HIV Infection**



Fever	Night sweats
Sore throat	Mouth ulcers
Lymphadenopathy	Chills
Rash	Fatigue
Muscle aches	

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### Clinical Care in HIV

**Symptoms of Acute HIV Infection**

Fever	Night sweats
Sore throat	Mouth ulcers
Lymph	Chills
Rash	
Some individuals don't develop any symptoms at all.	
Muscle aches	

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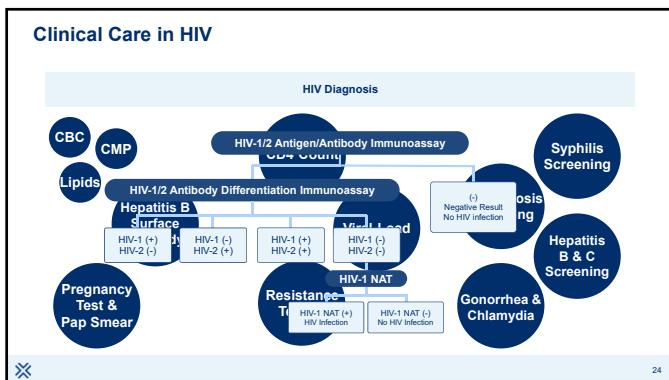
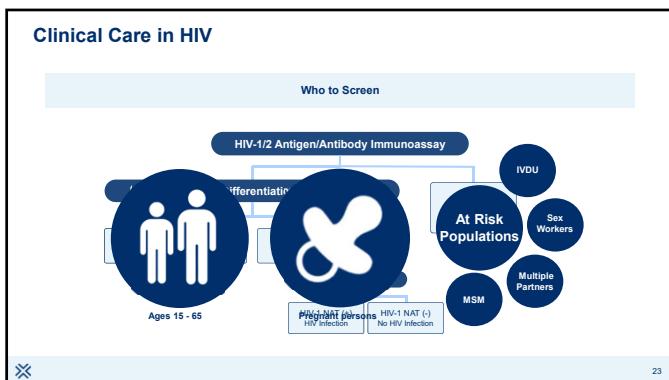
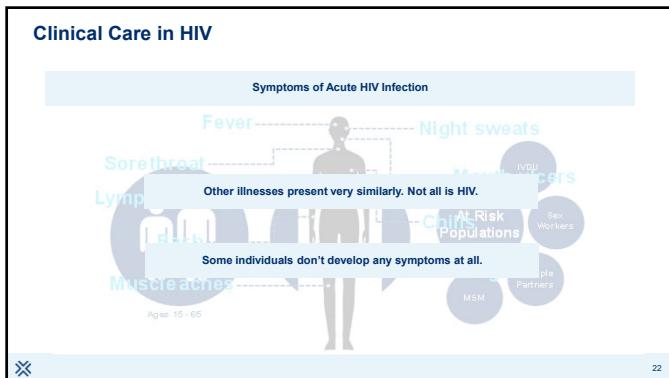
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**Clinical Care in HIV**

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graph TD
    A["CBC  
Lipids  
CD4  
Pregnancy Test & Pap Smear"] --> B["Initial Tests After Diagnosis"]
    B --> C["Assesses urgency and need for opportunistic infection prophylaxis"]
    B --> D["Monitors CD4 Count & Viral Load of therapy"]
    D --> E["Every 3 months"]
    D --> F["Years 1-2: every 6 months"]
    D --> G["Years 3+: CD4 <300: every 3-6 months  
CD4 300-500: every 6 months  
CD4 >500: optional"]
    G --> H["Resistance Testing"]
    G --> I["Viral Load"]
    G --> J["Tuberculosis Screening"]
    G --> K["Gonorrhea & Chlamydia"]
    G --> L["Hepatitis B & C Screening"]
    G --> M["Syphilis Screening"]
    M --> N["Opportunistic Diseases"]
    N --> O["Death"]

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Initial Tests After Diagnosis

- The major indicator of immune function and best
- Initial Tests After Diagnosis
- Assesses urgency and need for opportunistic infection prophylaxis
- Monitors CD4 Count & Viral Load of therapy
  - Every 3 months
  - Years 1-2: every 6 months
  - Years 3+: CD4 <300: every 3-6 months  
CD4 300-500: every 6 months  
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- Viral Load
- Tuberculosis Screening
- Gonorrhea & Chlamydia
- Hepatitis B & C Screening
- Syphilis Screening
- Opportunistic Diseases
- Death

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**Clinical Care in HIV**

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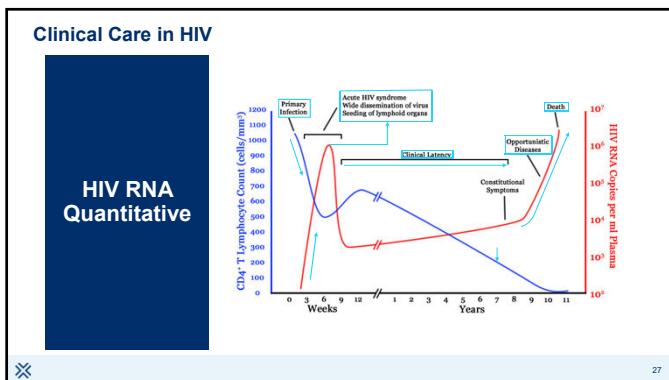
graph TD
    A["HIV RNA Quantitative"] --> B["Goal: viral suppression or undetectable viral load  
<20-75 copies/mL depending on assay"]
    B --> C["Monitors response to therapy"]
    C --> D["Baseline"]
    C --> E["Recheck in 2-4 weeks from initiation"]
    C --> F["Every 4-8 weeks until <200 copies/mL (suppression)"]
    C --> G["Every 3-4 months with continued suppression"]
    C --> H["Every 6 months with suppression for 2+ years"]
    C --> I["Isolated 'blips' can occur"]
    I --> J["Transient, not thought to predict failure"]

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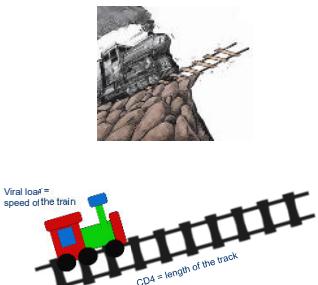
HIV RNA Quantitative

- Goal: viral suppression or undetectable viral load  
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- Monitors response to therapy
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  - Recheck in 2-4 weeks from initiation
  - Every 4-8 weeks until <200 copies/mL (suppression)
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  - Every 6 months with suppression for 2+ years
- Isolated "blips" can occur
  - Transient, not thought to predict failure

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Clinical Care in HIV



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Clinical Care in HIV

- Shows mutations in the virus
    - Before initiation
    - With virologic failure

<b>GenoSure® MG</b>	<b>GenoSure® Integrase</b>
Genotypic resistance NRTI, NNRTI, PI	Genotypic resistance Integrase inhibitors only
<b>GenoSure PRIME®</b>	<b>GenoSure Archive®</b>
Genotypic resistance All 4 classes	Genotypic resistance All 4 classes Lower viral loads (<500)
<b>PhenoSense®</b>	
Phenotypic resistance Treatment experienced	

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Shows mutations in the virus		HIV-1 subtype B		Comments	
Drug	GenoSure® MG	Drug	Assessment*		
Before treatment	Drug Resistance Associated Mutations Detected	Drug	Sensitive		
With virologic failure	Didanosine, Videx, None	ddI	Sensitive		
Entecavir	Emtricitabine, None	FTC	Sensitive		
<b>GenoSure® MG</b>		<b>GenoSure® Integrase</b>			
Tenofovir	Vireo, None	TV	Sensitive		
Zidovudine	Genotypic resistance	Genotypic resistance	Integrase inhibitor only		
NRTI, NNRTI, PI	None	Integrase inhibitor	only		
<b>GenoSure PRime®</b>		<b>GenoSure Archive®</b>			
High	Genotypic resistance	Genotypic resistance	.....		
Assessment	All 4 classes	Genotypic resistance	.....		
Darunavir	Prinetti, None	dar	Sensitive		
Fosamprenavir	Lam, 1/2	1/2	Sensitive		
Indinavir	Crixivan, 1/2	1/2	Sensitive		
Lopinavir	Ritonavir, None	RTV	Sensitive		
Ritonavir	None	SQW	Sensitive		
Saquinavir	Invirase, 1/2	1/2	Sensitive		
<b>PhenoSense®</b>					
Phenotypic resistance		Treatment experienced			

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**Clinical Care in HIV**

- HLA-B\*5701-positive patients have increased risk of having a hypersensitive reaction to abacavir
- Abacavir should be recorded as an allergy if positive



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**Clinical Care in HIV**

- HLA-B\*5701-positive patients have increased risk of having a hypersensitive reaction to abacavir
- Abacavir should be recorded as an allergy if positive
- When to Start Therapy
- Should be started on ART regardless of CD4 count
- Providers may choose to postpone ART based on individualized factors



soc factors

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**Clinical Care in HIV****When to Start Therapy**

- All patients should be started on ART regardless of CD4 count
- Patients may choose to postpone ART
  - Fear or stigma
  - "Too healthy" to start treatment
  - Concerns about side effects of treatment
  - Sociodemographic or psychosocial factors, lack of access
- Providers may choose to defer ART based on individualized factors
  - Low commitment to treatment
  - Clinical factors
  - Psychosocial factors

For more information, visit [HIVinfo.NIH.gov](http://HIVinfo.NIH.gov).

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**Clinical Care in HIV**

**Timeline of Therapies**

Component	Example
Abacavir	Trumequ®
Didanosine	Videx®
Lamivudine	Delsirolo®, Dovato®, Trumequ®
Emtricitabine	Biktarvy®, Descovy®, Odefsey®, Truvada®
Tenofovir disoproxil fumarate	Zerit®
Tenofovir alafenamide	Biktarvy®, Descovy®, Genvoya®, Odefsey®, Syntuz®, Vemlidy®
Tenofovir disoproxil fumarate	Atripla®, Complera®, Stribild®, Truvada®, Viread®
Zidovudine	Combivir®, Trizivir®

For more information, visit [HIVinfo.NIH.gov](http://HIVinfo.NIH.gov).

Decreased pill burden

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**Bold = commonly used**

**Clinical Care in HIV**

**NRTI**

**Treatment Regimen Component**

Component	Example
Abacavir	Trumequ®
Didanosine	Videx®
Lamivudine	Delsirolo®, Dovato®, Trumequ®
Emtricitabine	Biktarvy®, Descovy®, Odefsey®, Truvada®
Tenofovir disoproxil fumarate	Zerit®
Tenofovir alafenamide	Biktarvy®, Descovy®, Genvoya®, Odefsey®, Syntuz®, Vemlidy®
Tenofovir disoproxil fumarate	Atripla®, Complera®, Stribild®, Truvada®, Viread®
Zidovudine	Combivir®, Trizivir®

**Advantages**

- Good tolerability
- Few drug interactions
- Decreased pill burden

**Disadvantages**

- Medication-specific

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**Bold = commonly used**

**Clinical Care in HIV**

**NRTI**

**Treatment Regimen Component**

	Abacavir	Zidovudine
Hypersensitivity reaction	Rash Post-challenge drug C-E risk	Headache GI intolerance Bone marrow suppression
RTIs	✓	✓
Stevardiosis	✓	Start
Neurotoxicosis	✓	Peripheral neuropathy
Hepatotoxicity	✓	Lipodystrophy
Myopathy	✓	Pancreatitis
Peripheroneuropathy	✓	Vemlidy® Didar®
		GI intolerance Peripheral neuropathy Possible increased MACE risk Pancreatitis Possible portal hypertension
Increased	Potential for renal and bone toxicity Dizziness Headache GI intolerance	Decreased

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**Bold = commonly used**

**Clinical Care in HIV**

**NRTI**

Treatment Regimen Component			
Component	Example		
Doravirine	<b>Abacavir</b>	Zidovudine	
Efavirenz	Hypersensitivity reaction, <b>Rilpivirine<sup>a</sup>, Sustiva<sup>b</sup></b>	Headache	GI intolerance
Emtricitabine	Possible increased MACE risk	Lipoatrophy	Bone marrow suppression
All NRTIs	<b>Tenofovir</b>	Stavudine	
Lactic acidosis	Rilpivirine <sup>a</sup>	Didanosine	
Hepatic steatosis	Renal impairment (TDF > TAF)	Gl intolerance	
Lipodystrophy	Osteopenia/osteoporosis	Peripheral neuropathy	
Peripheral neuropathy	Headache	Lipoatrophy	
	Gl intolerance	Pancreatitis	
<b>Advantages</b>	<b>Disadvantages</b>		
Long half-lives Less dyslipidemia, insulin resistance PIs and integrase inhibitors preserved for later use	Emtricitabine Dizziness, Increased risk of transmitted resistance, Headache, Gl intolerance	barrier to resistance, peripheral neuropathy, possible increased MACE risk, decreased bone mineral density, pancreatitis, possible pulmonary hypertension	

**Bold = commonly used**

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**Clinical Care in HIV**

**NNRTI**

Treatment Regimen Component			
Component	Example		
Doravirine	<b>Delstrigo<sup>a</sup>, Pifelro<sup>b</sup></b>	Efavirenz	
Efavirenz	Aripri <sup>a</sup> , Sustiva <sup>b</sup>	Neuropsychiatric Teratogenic	
Emtricitabine	Intelence <sup>a</sup>	Dyslipidemia	
All NNRTIs	<b>Nevirapine</b>	Nevirapine	
Rash (SJS)	Rilpivirine	Cabenuva <sup>a</sup> , Odefsey <sup>b</sup>	
Hepatotoxicity			
Drug-drug interactions		Depression	Increased rash risk
		Virologic failure with high VL or low CD4	Hepatotoxicity
<b>Advantages</b>	<b>Disadvantages</b>		
Long half-lives Less dyslipidemia, insulin resistance PIs and integrase inhibitors preserved for later use	Low genetic barrier to resistance Increased risk of transmitted resistance Cross-resistance amongst NNRTIs		

**Bold = commonly used**

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**Clinical Care in HIV**

**NNRTI**

Adverse Drug Reactions			
Component	Example		
Atazanavir	<b>Reyataz<sup>a</sup></b>	Efavirenz	
Darunavir	<b>Darunavir<sup>a</sup>, Prezista<sup>b</sup></b>	Neuropsychiatric Teratogenic	
Fosamprenavir		Dyslipidemia	
All NNRTIs	<b>Doravirine</b>		
Rash (SJS)	Nevirapine		
Hepatotoxicity	Emtricitabine		
Drug-drug interactions	Rilpivirine		
	Delstrigo <sup>a</sup>	Nevirapine	
	Depot-Darunavir <sup>b</sup>		
	Triprenovir	Increased rash risk	
		Hepatotoxicity	
<b>Advantages</b>	<b>Disadvantages</b>		
Lower rates of side effects	Require pharmacokinetic booster		

**Bold = commonly used**

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Clinical Care in HIV

## Protease Inhibitor

Treatment Regimen Component				
	Component	Example		
	Atazanavir	Darunavir Reyataz®		Fosamprenavir
	Darunavir	Prezista®		Rash
	Fosamprenavir	Atazanavir*, Telzir®		stable increase MACE risk
All PIs	Lopinavir	Kaletra®		Nelfinavir
Dyslipidemia	Nelfinavir	PR prolongation		Diarrhea
Lipodystrophy	Ritonavir	Kaletra®, Norvir®		
Hepatotoxicity	Saquinavir	Coprevir*, Invirase®		
GI intolerance	Tipranavir	Aptivus®	R and QT prolongation	
Drug-drug interactions		PR and QT prolongation		
Advantages		Indina	Disadvantages	
Lower rates of side effects		resistance/diabetes	Rash	
		Nephrotoxicity	Requirement for pharmacokinetic booster	

 **Bold** = commonly used

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Clinical Care in HIV

## Protease Inhibitor

Adverse Drug Reactions			
Component	Example		
Cabotegravir	Darunavir	Fosamprenavir	
Bictegravir	Hibiktarvy®	Rash	Possible increase MACE risk
Delavirdine	Atazanavir		
All PIs			
Dyslipidemia	Hyper L trumepatide	Nelfinavir	
Lipodystrophy	PR paxi-Genotypic		
Hepatotoxicity			
GI intolerance	Raltegravir Nephro-, enteritis		
	Lopinavir/Ritonavir		
Drug-drug interactions/advantages			
	Insulin resistance/diabetes	Saquinavir	PR and QT prolongation
	Possible increased MACE risk		
	PR and QT prolongation	Disadvantages	
	High virologic response	Indinavir	Triprenavir
	Lower rates of side effects	Many drug-drug interactions with	
	Fewer drug-drug interactions	Indinavir	Rash

 **Bold** = commonly used

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Clinical Care in HIV

## Integrase Inhibitor

Treatment Regimen Component	
Component	Example
Cabotegravir	Cabenuva®
Biktegravir	Biktarvy®
<b>Biktegravir</b>	<b>Devotiq®</b> , <b>Dovato®</b>
Dolutegravir	Trumpeq® Headache
Elvitegravir	Genvoys®
Raltegravir	Isontrast® K elevation Myopathy/steatorrhysis Rash
<b>Dolutegravir</b>	<b>Elvitegravir/cobicistat</b>
Headache	
Advantages	
High virologic response Lower rates of side effects Fewer drug-drug interactions	Lower pill counts No resistance Many drug-drug interactions with other drugs
Disadvantages	

 **Bold** = commonly used

Clinical Care in HIV

## Integrase Inhibitor

## **Adverse Drug Reactions**

Antiretroviral Class	Active Drug	Target	Side Effects
Biotegrvir CCR postceptor inhibitor	Raltegravir	Integrase	Headache
Fostemeronavir Gp120 attachment inhibitor	Matravir	Diarrehea	Gp120 antagonist
Dolutegravir	Elvitegravir, raltegravir	Integrase, ribonuclease	Headache, Rash
Headache Insomnia Rash	Capsid		Nausea Diarrhea

 **Bold** = commonly used

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Clinical Care in HIV

## **Additional Medications**

### Treatment Drug Component

Writing a Paragraph

Ibalizumab-uyik	Envifurtide Fusion inhibitor
CD4 post-attachment inhibitor	
Fostemavir	Maraviroc
Gp120 attachment inhibitor	CCR5 antagonist + NRTI (dolutegravir + lamivudine)

#### **Individualize the regimen choice**

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Clinical Care in HIV

## Single-tablet Regimens

Triume

Riktaru®	Triumeq®	Dovato®	Syntuzta® stat/ te
<b>Choosing a Regimen</b>			
			
One-tablet regimen	Two-tablet regimen	Two-tablet regimen	Two-tablet regimen
Odefsey® (Osimertinib) (AF/lemetecline)	Genvoys® (Elvitegravir/cobicistat/ TAF/Emtricitabine)	Intragest Inhibitor + NNRTI (dolutegravir) + lamivudine® (dolutegravir/lipivirine)	
Sym® (Genvir™/lamivudine)	Completra® (Emtricitabine/LT/tenofovir)		Stribit® (Elvitegravir/cobicistat/ TDF/lemetecline)
<b>Visualize the regimen choice</b>			
			
Delstrigo® (Doravirine/TDF/lamivudine)	Atripla® (elvitegravir/TDF/lemetecline)		

 **Bold** = commonly used

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**Clinical Care in HIV**

### Single-tablet Regimens

**Biktarvy®** (Bictegravir/TAF/emtricitabine)  
**Triumeq®** (Deltegravir/abacavir/lamivudine)  
**Dovato®** (Dolutegravir/lamivudine)  
**Symtuza®** (dolutegravir/cobicistat/TAF/emtricitabine)  
**Odefsey®** (Rilpivirine/TAF/emtricitabine)  
**Genvoya®** (Elvitegravir/cobicistat/TAF/emtricitabine)  
**Juluca®** (Dolutegravir/rilpivirine)  
**Syntelis®** (efavirenz/TDF/lamivudine) (abacavir/lamivudine)  
**Complera®** (efavirenz/TDF/emtricitabine) (TDF/lamivudine)  
**Stabdil®** (Efavirenz/cobicistat/ TDF/lamivudine) (elvitegravir/cobicistat)  
**Delstrigo®** (Doravirine/TDF/lamivudine)  
**Atripla®** (efavirenz/TDF/emtricitabine)

**Bold = commonly used**

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**Clinical Care in HIV**

### Combination Regimens

**Two NRTI Backbone**  
**Truvada®** (TDF/emtricitabine)  
**Prezista®** (darunavir/cobicistat)  
**Epzicom®** (abacavir/lamivudine)

**Protease Inhibitor + Booster**  
**Descovy®** (TAF/emtricitabine)  
• Corticosteroids  
• Opioid agonists  
• Oral contraceptives  
• Phosphodiesterase-5 inhibitors (sildenafil, tadalafil, etc.)  
• Polyvalent cations (magnesium, calcium, etc.)  
**Cimduo®/Temiixys®** (TDF/lamivudine)  
**Evotaz®** (elvitegravir/cobicistat)

**HIV/HCV**  
**UptoDate®**  
<https://www.upToDate.com/drug-interactions/>

**HIV Clinical Guidelines**  
<https://hivguidelines.org/guidelines/drug-interactions/>

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<https://hivguidelines.org/guidelines/drug-interactions/>

**Local Info HIV**  
<https://localinfo.hiv/>

**Bold = commonly used**

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**Clinical Care in HIV**

**Drug Interactions (incomplete list)**

- Acid suppressants (omeprazole, pantoprazole, etc.)
- Antiarrhythmics
- Anticoagulants
- Anticonvulsants (phenytoin, etc.)
- Antiplatelets
- Antipsychotics
- Benzodiazepines
- Corticosteroids
- Opioid agonists
- Oral contraceptives
- Phosphodiesterase-5 inhibitors (sildenafil, tadalafil, etc.)
- Polyvalent cations (magnesium, calcium, etc.)
- Rifamycin
- Statins

**HIV/HCV**  
**UptoDate®**  
<https://www.upToDate.com/drug-interactions/>

**HIV Clinical Guidelines**  
<https://hivguidelines.org/guidelines/drug-interactions/>

**Local Info HIV**  
<https://localinfo.hiv/>

**Bold = commonly used**

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**Clinical Care in HIV**

**Drug Interactions (incomplete list)**

- Definition: inability to achieve or maintain viral suppression
- Carefully assess cause of virologic failure
  - Evaluate nonadherence, drug interactions, social barriers, food requirements/insecurity
  - Resistance testing should occur while the person is on therapy or within 4 weeks of discontinuation
- Develop new regimen with two, preferably three, fully active agents
- Goal is to suppress the virus
  - Alternative: minimize toxicity, preserve CD4 count, delay clinical progression
- Can initiate salvage therapy with fostemsavir, ibalizumab or enroll in clinical trial

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**Clinical Care in HIV**

**Virologic Failure**

- Definition: inability to achieve or maintain viral suppression
- Carefully assess cause of virologic failure
  - Evaluate nonadherence, drug interactions, social barriers, food requirements/insecurity
  - Resistance testing should occur while the person is on therapy or within 4 weeks of discontinuation
- Develop new regimen with two, preferably three, fully active agents
- Goal: minimize toxicity, preserve CD4 counts, delay clinical progression
 

Pneumocystis jirovecii pneumonia (PJP)	Preferred: sulfamethoxazole/trimethoprim (Bactrim) Alternative: doxycycline + leucovorin	Toxoplasmosis	Preferred: ART initiation + Toxoplasmosis prophylaxis
Mycobacterium avium complex (MAC)	Alternative: clarithromycin 1200 mg/week		
- Can initiate salvage therapy with fostemsavir, ibalizumab or enroll in clinical trial

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**Summary**

- Screening is underutilized but vital
- Resistance testing *must* be obtained prior to or at ART initiation
- Single-tablet regimens are always preferred if able to be utilized
- Individualize treatment
- **Always check for drug interactions**



## PrEP

Indications & Options  
Prescribing PrEP  
Continued Care & Follow Up

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## Indications & Options

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### Indications & Options

Currently Available Medications

PrEP: Pre-exposure prophylaxis



Truvada®  
tenofovir disoproxil fumarate and  
emtricitabine tablets  
200 mg/200 mg  
Tablets NDC 0001-0711-10

Descovy®  
emtricitabine and tenofovir  
disoproxil fumarate  
200 mg/23 mg  
Tablets NDC 0001-0711-10

Apretude®  
raltegravir  
oral suspension  
200 mg/mL  
Suspension NDC 0001-0711-10

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**Indications & Options**

**Currently Available Medications**

- Sexually active in the last 6 months participating in anal and/or vaginal sex
  - With HIV+ partner with unknown or detectable viral load
  - One or more partners of unknown HIV status and doesn't utilize condoms consistently
  - Has had a bacterial STI in the last six months
  - Prescribed if requested

**Pre-exposure prophylaxis**

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**Indications & Options**

**Indications**

- Ever injected drugs in the last 6 months participating in anal and/or vaginal sex
  - Shared equipment
  - With HIV+ partner with unknown or detectable viral load
  - One or more partners of unknown HIV status and doesn't utilize condoms consistently
  - Has had a bacterial STI in the last six months
  - Prescribed if requested

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**Indications & Options**

**Indications**

- Ever injected drugs
  - Injection use in the last six months
  - Shared equipment
  - Prescribe if requested

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**Indications & Options**

**Truvada® (tenofovir disoproxil-famide)**

**Prescribe if requested**

- Single-tablet regimen taken once daily by mouth
- Indications at use injection drugs (male and female sex)
- 2-1-1 dosing for MSM
  - Two tablets, 2-24 hours prior to sex
  - One tablet, 24 hours after last sexual encounter
  - Weight of at least 35 kg or 77 lb
  - TDF: creatinine clearance  $\geq 60$  mL/min

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**Indications & Options**

**Truvada® (tenofovir disoproxil-famide)**

- Single-tablet regimen taken once daily by mouth
- Population: biologic males, biologic females, those that use injection drugs (male and female sex)
- Has not been studied in biologic females/vaginal tissue
- 2-1-1 dosing for MSM
  - Two tablets, 2-24 hours prior to sex
  - One tablet, 24 hours after
  - One tablet, 48 hours after last sexual encounter
  - Weight of at least 35 kg or 77 lb
  - TDF: creatinine clearance  $\geq 60$  mL/min

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**Indications & Options**

**Descovy® (tenofovir alafenamide-emtricitabine)**

- Single-tablet option taken once daily by mouth
- Population: biologic male and female
  - Has not been studied in biologic females/vaginal tissue
  - Monthly injection for two months
  - Every other month injection thereafter
  - TAF tablets: 2-24 hours prior to sex
  - One tablet: 24 hours after
  - One tablet: 48 hours after last sexual encounter
  - Weight of at least 35 kg or 77 lb
  - TAF: creatinine clearance  $\geq 30$  mL/min
  - Weight of at least 35 kg or 77 lb
  - Population: biologic male and biologic female

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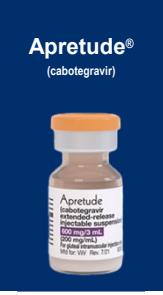
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**Indications & Options**

**Apretude®**  
(cabotegravir)



- Only injectable option for PrEP currently available
- Oral lead in: available option for first 28 days to assess tolerability
- Monthly injection for two months

Dosage lead-in is not required but may be used prior to initiation of APRETUDE to assess the tolerability of subtherapeutic doses.

INITIATED	OPTIONAL VIAL LEAD-IN	INITIATION	CONTINUATION
CONTINUOUSLY NEGATIVE STATUS	DISCONTINUE TREATMENT	MONTH 1	MONTHS 2-6
IMMEDIATELY BEFORE STARTING	INITIATION	MONTH 1	MONTHS 2-6
CONTINUOUSLY NEGATIVE STATUS	CONTINUATION	MONTH 6	MONTHS 6-12

- Weight of at least 35 kg or 77 lb
- Population: biologic male and biologic female

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## Prescribing PrEP

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**Prescribing PrEP**

**Initial Evaluation and Appointment**

**Initial labs:**



**Initial documentation:**

- No signs of symptoms of active HIV infection and negative HIV testing
- Renal function
- HBV immune status
- No contraindicated medication use

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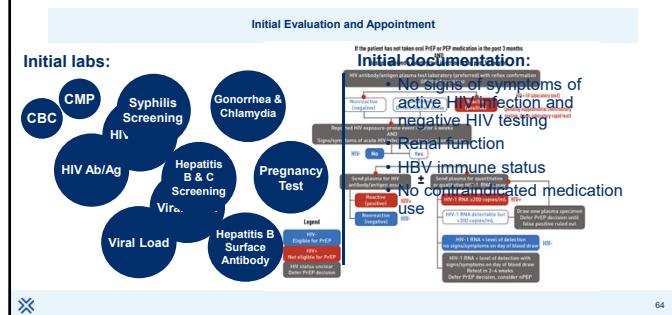


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# Prescribing PrEP



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## **Continued Care & Follow Up**



## **Continued Care & Follow Up**

## Counseling

- Continue with routine appointments for counseling and routine testing
  - Counseling points:
    - PrEP adherence – no consensus on timing of maximal protection
      - Blood: 20 days
      - Cervicovaginal tissue: 20 days
      - Rectal tissue: 7 days
    - Safe sex practices
    - Reassess HIV exposures and consideration for cessation if applicable

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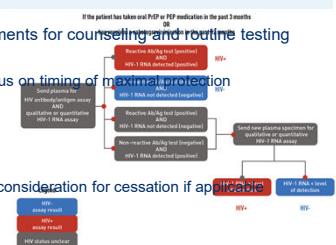
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## Continued Care & Follow Up

### Counseling

- Continue with routine appointments for counseling and routine testing Every 3 months:
- Counseling points:
  - Obtain HIV Ab/g and viral load
  - PrEP, as there is no consensus on timing of maximal protection appropriate to start as soon as possible (20 days)
  - Annual rectal mucosal tissue: 20 days
  - Rectal tissue: 7 days
  - Hepatitis B & C screening
  - Safe sex practices
  - Reassess HIV exposures and consideration for cessation if applicable
  - Consider anal Pap in MSM



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## Summary

- Consider PrEP and discuss with patients
- Prescribe if requested by the patient**
- Educate, counsel, and check in often

## Resources

- <https://www.hiv.gov/hiv-basics/overview/data-and-trends/statistics>
- Fast Facts: HIV in the US by Age | HIV | CDC
- Understanding the Current HIV Epidemic in the United States - AIDSVu
- <https://www.cdc.gov/hiv/data-research/facts-stats/index.html>
- HIV Prevention: Oklahoma
- Oklahoma Among Seven States With Highest Rural HIV Burden
- US Public Health Service. Pre-exposure Prophylaxis for the Prevention of HIV Infections in the United States—2014
- Machalek DA et al. Anal Human papillomavirus infection and associated neoplastic lesions in men who have sex with men: a systematic review. J Sex Med. 2013;10(10):2283-2292.
- Centers for Disease Control and Prevention (CDC). 2015 Nov 27. Vital Signs: Estimated Percentages and Numbers of Adults with Indications for Preexposure Prophylaxis to Prevent HIV.
- Acquisition — United States, 2015. Morbidity and Mortality Weekly Report (MMWR).
- CDC. Diagnosis of HIV infection, by race/ethnicity and selected characteristics, 2019. HIV Surveillance Supplemental Report. 2019;32.
- Gilead. State of the HIV Epidemic: Substantial Progress and the Challenges that Remain.
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2287168/> PMID:12773951006&utm\_medium=ppc&utm\_term=hiv+cases+by+state&gclid=CjwKCAiAxJSPBhAoEiwAeQAOHRFtC2a-6dJHfKwA\_FK020nCzZq6qdnLOW5Qd36vnJpuwhOmcKQAVD\_BwE&gclsrc=aw.ds
- AIDSVu. Deeper Look: PrEP. <https://aidsvu.org/resources/deeper-look-prep/>
- AIDSVu. Local Data: Oklahoma. <https://aidsvu.org/local-data/united-states/south/oklahoma/>
- Hardy W, David (Ed) et al. (2021) Fundamentals of HIV Medicine. Oxford University Press.
- How Do I Prescribe PrEP? | Prevention | Clinicians | HIV | CDC
- <https://clinicalinfo.hiv.gov/guidelines>

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