

## HIV Facts, Prevention and Care

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**EXPLORE**  
HEALTHCARE SUMMIT

### Learning Objectives

- Be informed of facts surrounding HIV in the US and Oklahoma
- Identify symptoms related to HIV infection
- Understand the screening indications and diagnostic algorithm of HIV
- Be able to summarize treatment options and clinical care in HIV
- List indications for pre-exposure prophylaxis (PrEP) to HIV
- Describe efficacy data in various populations at risk for HIV
- Construct an appropriate PrEP plan for a patient
- Identify appropriate follow up for a PrEP patient



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## HIV

HIV in the US – National Statistics  
HIV in Oklahoma – State Statistics  
Clinical Presentation and Care in HIV



## HIV in the US – National Statistics

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### HIV in the US – National Statistics

- Approximately 1.2 million people in the U.S. have HIV
- In 2022, an estimated 31,800 people acquired HIV in the U.S.
- Disproportionate impacts:
  - Gay
  - Bisexual
  - Men who have sex with men (MSM)

**1.2 Million**  
Approximately how many people are living with HIV in the US (diagnosed & undiagnosed)

**13%**  
People with HIV who do not know they have it

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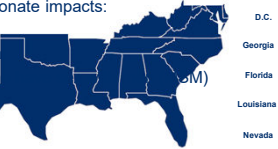
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## HIV in the US – National Statistics

From 2018 to 2022, new HIV infections decreased 12%

About 56% of persons aged 13 to 34 accounted for new infections

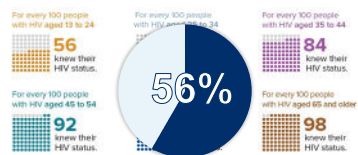


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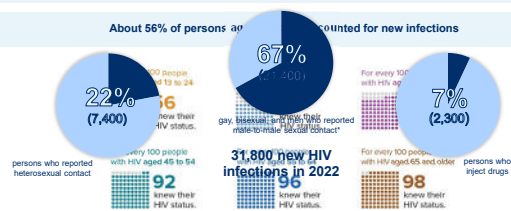


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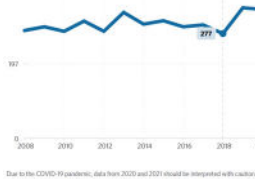


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### HIV in Oklahoma – State Statistics

- Approximately 7,264 people are living with HIV in Oklahoma as of 2022.
- In 2022, an estimated 394 people acquired HIV in Oklahoma.
- Disproportionate impact in rural Oklahoma



7,264

Approximately how many people are diagnosed with HIV in Oklahoma

17%

People with HIV who do not know they have it

Due to the COVID-19 pandemic, data from 2020 and 2021 should be interpreted with caution.

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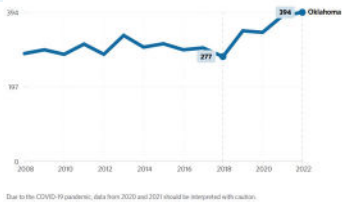
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### HIV in Oklahoma – State Statistics

From 2018 to 2022, new HIV infections increased by 42%

NEW DIAGNOSES CASES, 2008-2022



Due to the COVID-19 pandemic, data from 2020 and 2021 should be interpreted with caution.

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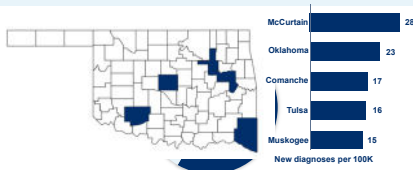
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### HIV in Oklahoma – State Statistics

Estimated infections in 2022 disproportionately affected specific areas  
About 57% of persons aged 13 to 34 accounted for new infections



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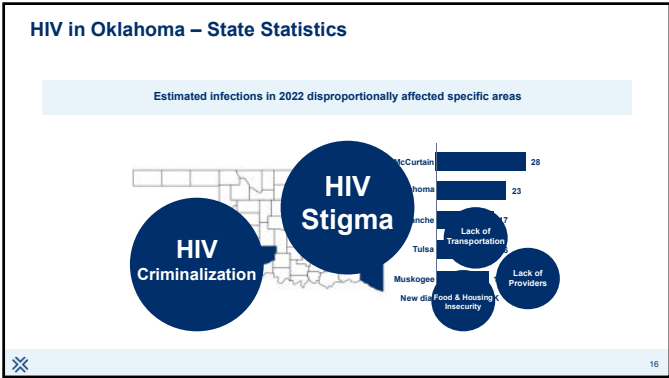
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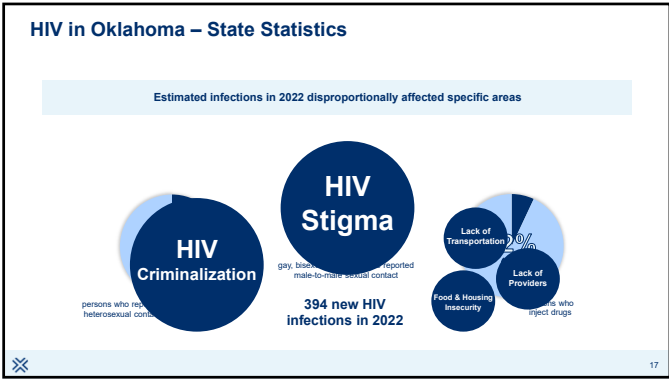
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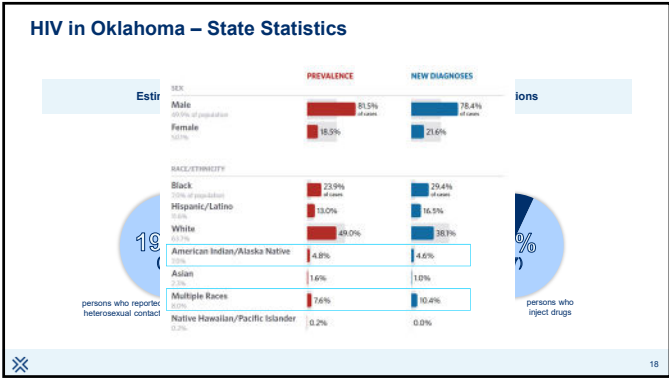
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Clinical Care in HIV

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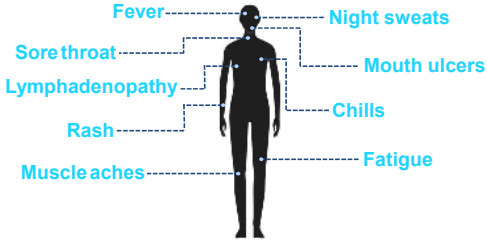
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Clinical Care in HIV

Symptoms of Acute HIV Infection



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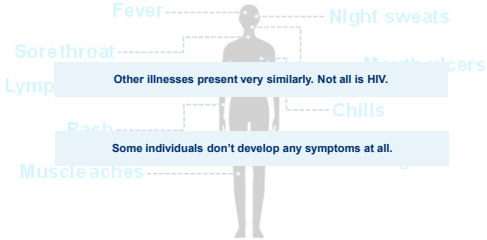
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Clinical Care in HIV

Symptoms of Acute HIV Infection



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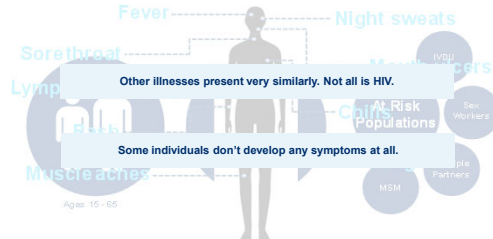
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## Clinical Care in HIV

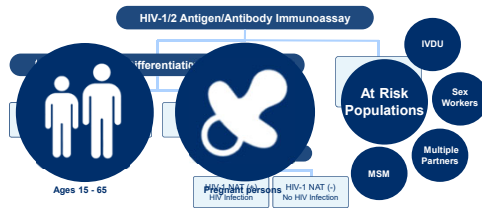
### Symptoms of Acute HIV Infection



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## Clinical Care in HIV

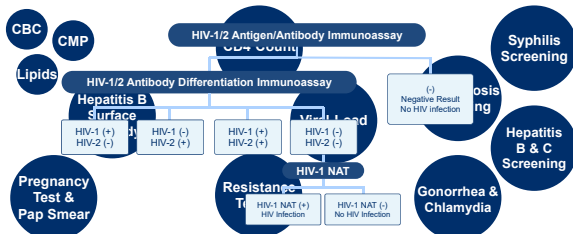
### Who to Screen



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## Clinical Care in HIV

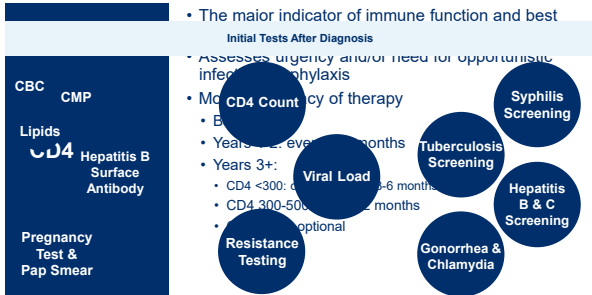
### HIV Diagnosis



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### Clinical Care in HIV



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### Clinical Care in HIV

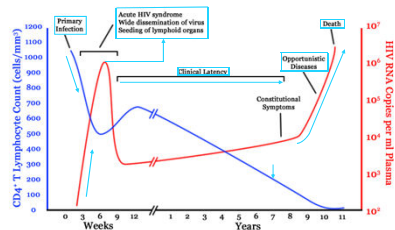
#### HIV RNA Quantitative

- Goal: viral suppression or undetectable viral load
- <20-75 copies/mL depending on assay
- Monitors response to therapy
  - Baseline
  - Recheck in 2-4 weeks from initiation
  - Every 4-8 weeks until <200 copies/mL (suppression)
  - Every 3-4 months with continued suppression
  - Every 6 months with suppression for 2+ years
- Isolated "blips" can occur
  - Transient, not thought to predict failure

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### Clinical Care in HIV

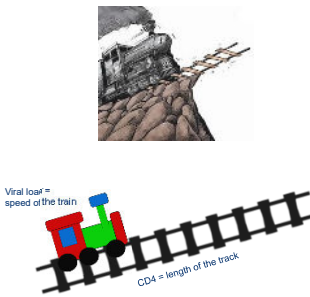
#### HIV RNA Quantitative



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Clinical Care in HIV

HIV RNA Quantitative



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Clinical Care in HIV

Resistance Testing

- Shows mutations in the virus
  - Before initiation
  - With virologic failure

<b>GenoSure® MG</b>	<b>GenoSure® Integrase</b>
Genotypic resistance NRTI, NNRTI, PI	Genotypic resistance Integrase inhibitors only
<b>GenoSure® PRime®</b>	<b>GenoSure® Archive®</b>
Genotypic resistance All 4 classes	Genotypic resistance All 4 classes Lower viral loads (<500)
<b>PhenoSense®</b>	
Phenotypic resistance Treatment experienced	

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Clinical Care in HIV

Resistance Testing

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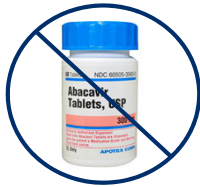
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## Clinical Care in HIV

HLA-B\*5701  
Screening

- HLA-B\*5701-positive patients have increased risk of having a hypersensitive reaction to abacavir
- Abacavir should be recorded as an allergy if positive



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## Clinical Care in HIV

HLA-B\*5701  
Screening

- HLA-B\*5701-positive patients have increased risk of having a hypersensitive reaction to abacavir
- Abacavir should be recorded as an allergy if positive
- Patients should be started on ART regardless of CD4 count
- Providers may choose to postpone ART



start treatment  
side effects of treatment  
c or psychosocial factors  
choose to defer ART  
to treatment  
factors



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## Clinical Care in HIV

## When to Start Therapy

- All patients should be started on ART regardless of CD4 count
- Patients may choose to postpone ART
  - Fear or stigma
  - "Too healthy" to start treatment
  - Concerns about side effects of treatment
  - Sociodemographic or psychosocial factors, lack of access
- Providers may choose to defer ART based on individualized factors
  - Low commitment to treatment
  - Clinical factors
  - Psychosocial factors

For more information, visit [HIVinfo.NIA.gov](http://HIVinfo.NIA.gov).

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**Clinical Care in HIV**

**Treatment Regimen Component**

Component	Example
Abacavir	Triumeq®
Didanosine	Videx®
Emtricitabine	Biktarvy®, Descovy®, Odefsey®, Truvada®
Lamivudine	Delstrigo®, Dovato®, Triumeq®
Stavudine	Zenit®
Tenofovir alafenamide	Biktarvy®, Descovy®, Genvoya®, Odefsey®, Symtuza®, Vemidy®
Tenofovir disoproxil	Atripla®, Complera®, Stribild®, Truvada®, Viread®
Zidovudine	Combivir®, Trizivir®

Increased **bone toxicity** Decreased

Advantages	Disadvantages
<ul style="list-style-type: none"> <li>Good tolerability</li> <li>Few drug interactions</li> <li>Decreased pill burden</li> </ul>	<ul style="list-style-type: none"> <li>Medication-specific</li> </ul>

# Clinical Care in HIV

## NRTI

Treatment Regimen Component													
<div style="display: flex; align-items: center; justify-content: center;"> <div> <p><b>Tenofovir disoproxil</b></p> <p><b>RTIs</b></p> <p>Acidosis</p> <p>Stomatitis</p> <p>Peripheral neuropathy</p> </div> </div>	<table border="1" style="width: 100%; border-collapse: collapse; text-align: left;"> <thead> <tr style="background-color: #e0e0e0;"> <th style="width: 50%;">Abacavir</th> <th style="width: 50%;">Zidovudine</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Hypersensitivity reaction</td> <td style="padding: 5px;">Headache</td> </tr> <tr> <td style="padding: 5px;">Rash</td> <td style="padding: 5px;">GI intolerance</td> </tr> <tr> <td style="padding: 5px;">Possible daily MACE risk</td> <td style="padding: 5px;">Bone marrow suppression</td> </tr> <tr> <td style="padding: 5px;"> <div style="display: flex; align-items: center; justify-content: center;"> <div> <p><b>Tenofovir</b></p> <p><b>High viral efficacy</b></p> <p><b>Renal impairment (TDF &gt; TAF)</b></p> <p><b>Osteopenia/osteoporosis</b></p> <p><b>Active against HCV</b></p> <p><b>Headache</b></p> <p><b>GI intolerance</b></p> </div> </div> </td> <td style="padding: 5px;"> <div style="display: flex; align-items: center; justify-content: center;"> <div> <p><b>Stavudine</b></p> <p><b>Peripheral neuropathy</b></p> <p><b>Lipocalcemia</b></p> <p><b>Pancreatitis</b></p> <p><b>Didanosine</b></p> <p><b>GI intolerance</b></p> <p><b>Peripheral neuropathy</b></p> <p><b>Possible increase in MACE risk</b></p> <p><b>Pancreatitis</b></p> <p><b>Possible portal hypertension</b></p> </div> </div> </td> </tr> <tr> <td style="padding: 5px;">Increased</td> <td style="padding: 5px;">Decreased</td> </tr> </tbody> </table>	Abacavir	Zidovudine	Hypersensitivity reaction	Headache	Rash	GI intolerance	Possible daily MACE risk	Bone marrow suppression	<div style="display: flex; align-items: center; justify-content: center;"> <div> <p><b>Tenofovir</b></p> <p><b>High viral efficacy</b></p> <p><b>Renal impairment (TDF &gt; TAF)</b></p> <p><b>Osteopenia/osteoporosis</b></p> <p><b>Active against HCV</b></p> <p><b>Headache</b></p> <p><b>GI intolerance</b></p> </div> </div>	<div style="display: flex; align-items: center; justify-content: center;"> <div> <p><b>Stavudine</b></p> <p><b>Peripheral neuropathy</b></p> <p><b>Lipocalcemia</b></p> <p><b>Pancreatitis</b></p> <p><b>Didanosine</b></p> <p><b>GI intolerance</b></p> <p><b>Peripheral neuropathy</b></p> <p><b>Possible increase in MACE risk</b></p> <p><b>Pancreatitis</b></p> <p><b>Possible portal hypertension</b></p> </div> </div>	Increased	Decreased
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Increased	Decreased												

✖ **Bold** = commonly used

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## Clinical Care in HIV

## NRTI

## Treatment Regimen Component

Component	Example
Doravirine	Abacavir
Efavirenz	Hypersensitivity reactions
Etravirine	Possible increased MACE risk
All NRTIs	Viramune®
Lactic acidosis	Tenofovir
Hepatic steatosis	Renal impairment (TDF > TAF)
Lipodystrophy	Osteopenia/osteoporosis
Peripheral neuropathy	Headache
Advantages	Disadvantages
Long half-lives	GI intolerance
Less dyslipidemia, insulin resistance	Increased risk of transmitted resistance
PIs and integrase inhibitors preserved for later use	Increased risk of MACE
	Didanosine
	GI intolerance
	Peripheral neuropathy
	Pancreatitis
	GI intolerance

⊗ Bold = commonly used

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## Clinical Care in HIV

## NNRTI

## Treatment Regimen Component

Component	Example
Doravirine	Delstrigo®, Pifeltro®
Efavirenz	Atripla®, Sustiva®
Etravirine	Intence®
All NNRTIs	Nevirapine
Rash (SJS)	Rilpivirine
Hepatotoxicity	Cabenuva®, Odefsey®
Drug-drug interactions	Depression
	Increased rash risk
	Hepatotoxicity
	Advantages
	Disadvantages
	Long half-lives
	Less dyslipidemia, insulin resistance
	PIs and integrase inhibitors preserved for later use
	Low genetic barrier to resistance
	Increased risk of transmitted resistance
	Cross-resistance amongst NNRTIs

⊗ Bold = commonly used

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## Clinical Care in HIV

## NNRTI

## Adverse Drug Reactions

Component	Example
Atazanavir	Reyata®
Darunavir	Doravirine
Fosamprenavir	Efavirenz
All NNRTIs	Nevirapine
Rash (SJS)	Rilpivirine
Hepatotoxicity	Cabenuva®, Odefsey®
Drug-drug interactions	Depression
	Increased rash risk
	Hepatotoxicity
	Advantages
	Disadvantages
	Lower rates of side effects
	Require pharmacokinetic booster

⊗ Bold = commonly used

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## Clinical Care in HIV

## Protease Inhibitor

Treatment Regimen Component

Component	Example	
Atazanavir	Darunavir	Fosamprenavir
Darunavir	Prezista®	Rash
Fosamprenavir	Atazanavir®, Telzir®	Possible increase MACE risk
Lopinavir	Kaletra®	Nelfinavir
Nelfinavir	PR protease inhibitor	Diarrhea
Ritonavir	Kaletra®, Norvir®	Saquinavir
Saquinavir	Lopinavir/Ritonavir	PR and QT prolongation
Tipranavir	Aptivus®	PR and QT prolongation
Advantages		
Indinavir		
Disadvantages		
Lower rates of side effects		
Nephrotoxicity		
Require pharmacokinetic booster		

**Bold** = commonly used

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## Clinical Care in HIV

## Protease Inhibitor

Adverse Drug Reactions

Component	Example	
Cabotegravir	Darunavir	Fosamprenavir
Bictegravir	Biktarvy®	Rash
Atazanavir	Truemeq®	Possible increase MACE risk
Elvitegravir	Genvoya®	Nelfinavir
Raltegravir	Nephrotoxicity	Diarrhea
Lopinavir/Ritonavir	Insulin resistance/diabetes	Saquinavir
Tipranavir	Possible increased MACE risk	PR and QT prolongation
Advantages		
Indinavir		
Disadvantages		
High virologic response		
Lower rates of side effects		
Fewer drug-drug interactions		
Nephrotoxicity		
Require pharmacokinetic booster		

**Bold** = commonly used

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## Clinical Care in HIV

## Integrase Inhibitor

Treatment Regimen Component

Component	Example	
Cabotegravir	Cabenuva®	
Bictegravir	Biktarvy®	
Dolutegravir	Dovato®	
Elvitegravir	Truemeq®	Headache
Raltegravir	Isentress®	Myopathy, rhabdomyolysis
Dolutegravir	Headache	Rash
Advantages		
Disadvantages		
High virologic response		
Lower rates of side effects		
Fewer drug-drug interactions		
Lower genetic barrier to resistance		
Many drug-drug interactions with elvitegravir		

**Bold** = commonly used

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Clinical Care in HIV

Integrase Inhibitor

Adverse Drug Reactions

<b>Bictegravir</b>	<b>Raltegravir</b>
Headache	Headache
<b>Fostemsavir</b>	<b>Maraviroc</b>
Diarrhea	Diarrhea
Gp120 attachment inhibitor	CCR5 antagonist
<b>Dolutegravir</b>	<b>Cabotegravir</b>
Headache	Myopathy, rhabdomyolysis
Insomnia	Rash
Rash	<b>Elvitegravir/cobicistat</b>
	Nausea
	Diarrhea

Bold = commonly used

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Clinical Care in HIV

Additional Medications

Treatment Drug Component

Choosing a regimen

<b>Ibalizumab-uyk</b>	<b>Enfuvirtide</b>
CD4 post-attachment inhibitor	Fusion inhibitor
<b>Fostemsavir</b>	<b>Maraviroc</b>
Gp120 attachment inhibitor	CCR5 antagonist
<b>Lenacapavir</b>	<b>Cabotegravir</b>
Capsid inhibitor	CCR5 antagonist + NRTI

Individualize the regimen choice

Bold = commonly used

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Clinical Care in HIV

Single-tablet Regimens

Choosing a Regimen

<b>Riktra®</b>	<b>Triumeq®</b>	<b>Novato®</b>	<b>Symtuza®</b>
<b>Odefsey®</b>	<b>Genvoya®</b>	<b>Juluca®</b>	<b>Stribild®</b>
(Bictegravir/TAF/emtricitabine)	(Elvitegravir/cobicistat/TAF/emtricitabine)	(Dolutegravir + lamivudine)	(Elvitegravir/cobicistat/TDF/emtricitabine)
<b>Symfi®</b>	<b>Complera®</b>	<b>Delstrigo®</b>	<b>Atripla®</b>
(Raltegravir/TAF/lamivudine)	(Efavirenz/TDF/emtricitabine)	(Dolutegravir/TDF/emtricitabine)	(Efavirenz/TDF/emtricitabine)

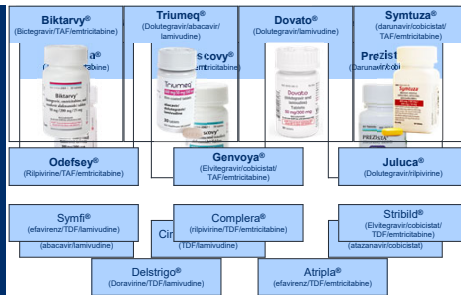
Individualize the regimen choice

Bold = commonly used

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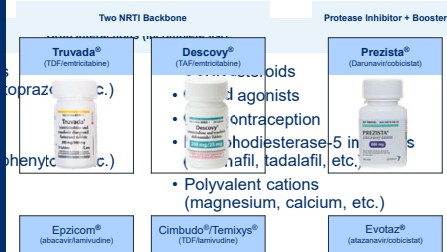
## Clinical Care in HIV

## Single-tablet Regimens



## Clinical Care in HIV

## Combination Regimens



## Clinical Care in HIV

## Drug Interactions (incomplete list)

- Acid suppressants (omeprazole, pantoprazole, etc.)
- Antiarhythmics
- Anticoagulants
- Anticonvulsants (phenytoin, etc.)
- Antiplatelets
- Antipsychotics
- Benzodiazepines
- Corticosteroids
- Opioid agonists
- Oral contraceptives
- Phosphodiesterase-5 inhibitors (sildenafil, tadalafil, etc.)
- Polyvalent cations (magnesium, calcium, etc.)
- Rifampin
- Statins



## Clinical Care in HIV

### Drug Interactions (incomplete list)

- Definition: inability to achieve or maintain viral suppression
- Carefully assess cause of virologic failure
  - Evaluate nonadherence, drug interactions, social barriers, food requirements/insecurity
  - Resistance testing should occur while the person is on therapy or within 4 weeks of discontinuation
- Develop new regimen with two, preferably three, fully active agents
- Goal is to suppress the virus
  - Alternative goal: minimize toxicity, preserve CD4 counts, delay clinical progression
- Can initiate salvage therapy with fostemsavir, ibalizumab or enroll in clinical trial

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## Clinical Care in HIV

### Virologic Failure

- Definition: inability to achieve or maintain viral suppression
- Carefully assess cause of virologic failure
  - Evaluate nonadherence, drug interactions, social barriers, food requirements/insecurity
  - Resistance testing should occur while the person is on therapy or within 4 weeks of discontinuation
- Develop new regimen with two, preferably three, fully active agents
- Goal is to suppress the virus
  - Alternative goal: minimize toxicity, preserve CD4 counts, delay clinical progression
- Can initiate salvage therapy with fostemsavir, ibalizumab or enroll in clinical trial

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## Summary

- Screening is underutilized but vital
- Resistance testing *must* be obtained prior to or at ART initiation
- Single-tablet regimens are always preferred if able to be utilized
- Individualize treatment
- **Always check for drug interactions**



# PrEP

Indications & Options  
Prescribing PrEP  
Continued Care & Follow Up

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# Indications & Options

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## Indications & Options

Currently Available Medications

PrEP: Pre-exposure prophylaxis



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## Indications & Options

## Indications & Options

### Indications

- Sexually active in the last 6 months particularly in the anal sex
- Shared equipment
- With HIV+ partner with unknown or detectable viral load
- One or more partners of unknown HIV status and doesn't utilize condoms consistently
- Has had a bacterial STI in the last six months
- Prescribed if requested

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## Indications & Options

### Indications

- Ever injected drugs
- Injection use in the last six months
- Shared equipment
- Prescribed or requested

### Prescribe if requested

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graph TD; A{Over injection drugs?} -- YES --> B{Inject over 2 months?}; A -- NO --> C[Prescribe if requested]; B -- YES --> D{Shared injection equipment?}; B -- NO --> C; D -- YES --> E[Prescribe PrEP]; D -- NO --> C;
```

The flowchart starts with the question 'Over injection drugs?'. If 'YES', it proceeds to 'Inject over 2 months?'. If 'NO', it goes to 'Prescribe if requested'. From 'Inject over 2 months?', if 'YES', it goes to 'Shared injection equipment?'. If 'NO', it goes to 'Prescribe if requested'. From 'Shared injection equipment?', if 'YES', it leads to 'Prescribe PrEP'. If 'NO', it goes to 'Prescribe if requested'.

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### Indications & Options



- Single-tablet regimen taken once daily by mouth
- **Indications**
  - use injection drugs (male and female sex)
  - 2-1-1 dosing for MSM
    - Two tablets, 2-24 hours prior to sex
    - One tablet, 24 hours after
    - One tablet, 48 hours after last sexual encounter
  - Weight of at least 35 kg or 77 lb
  - TDF: creatinine clearance  $\geq 60$  mL/min

**Prescribe if requested**

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### Indications & Options



- Single-tablet regimen taken once daily by mouth
- **Population:** biologic males, biologic females, those that use injection drugs (male and female sex)
- **Indications**
  - use injection drugs (male and female sex)
  - Has not been studied in biologic females/vaginal tissue
  - 2-1-1 dosing for MSM
    - Two tablets, 2-24 hours prior to sex
    - One tablet, 24 hours after
    - One tablet, 48 hours after last sexual encounter
  - Weight of at least 35 kg or 77 lb
  - TAF: creatinine clearance  $\geq 60$  mL/min

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### Indications & Options



- Single-tablet regimen taken once daily by mouth
- **Population:** biologic male and biologic female
- **Indications**
  - use injection drugs (male and female sex)
  - Has not been studied in biologic females/vaginal tissue
  - 2-1-1 dosing for MSM
    - Two tablets, 2-24 hours prior to sex
    - One tablet, 24 hours after
    - One tablet, 48 hours after last sexual encounter
  - Weight of at least 35 kg or 77 lb
  - TAF: creatinine clearance  $\geq 60$  mL/min
- Weight of at least 35 kg or 77 lb
- Population: biologic male and biologic female

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## Indications & Options

### Apretude® (cabotegravir)



- Only injectable option for PrEP currently available
- Oral lead in: available option for first 28 days to assess tolerability
- Monthly injection for two months

See label. It is not required but may be used prior to initiation of APRETUDE to assess the tolerability of cabotegravir.



- Weight of at least 35 kg or 77 lb
- Population: biologic male and biologic female

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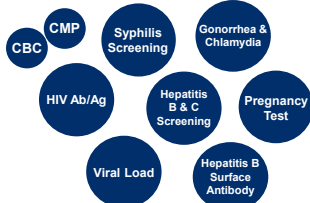


## Prescribing PrEP

## Prescribing PrEP

### Initial Evaluation and Appointment

#### Initial labs:



#### Initial documentation:

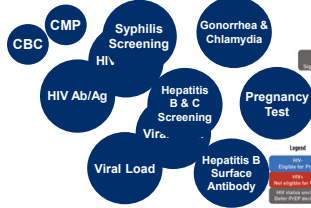
- No signs of symptoms of active HIV infection and negative HIV testing
- Renal function
- HBV immune status
- No contraindicated medication use

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## Prescribing PrEP

### Initial Evaluation and Appointment

#### Initial labs:



#### Initial documentation:

If the patient has not taken oral PrEP or PrEP medication in the past 3 months

- No signs of symptoms of active HIV infection and negative HIV testing
- Renal function
- HBV immune status
- No contraindicated medication use

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## Continued Care & Follow Up




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## Continued Care & Follow Up

### Counseling

- Continue with routine appointments for counseling and routine testing
- Counseling points:
  - PrEP adherence – no consensus on timing of maximal protection
    - Blood: 20 days
    - Cervicovaginal tissue: 20 days
    - Rectal tissue: 7 days
  - Safe sex practices
  - Reassess HIV exposures and consideration for cessation if applicable

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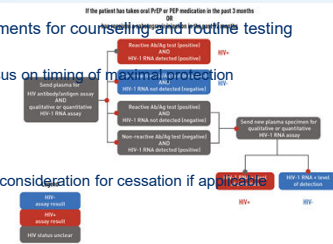
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## Continued Care & Follow Up

### Counseling

- Continue with routine appointments for counseling and routine testing
- Every 3 months:
  - Obtain HIV Ag/Ab and viral load
  - Screen STIs and treat as appropriate
- Annually:
  - Cervical tissue: 20 days
  - Rectal tissue: 7 days
  - Hepatitis B & C screening
  - Safe sex practices
  - Fasting lipid panel
  - Reassess HIV exposures and consideration for cessation if applicable
  - Consider anal Pap in MSM



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## Summary

- Consider PrEP and discuss with patients
- **Prescribe if requested by the patient**
- Educate, counsel, and check in often

## Resources

- <https://www.hiv.gov/hiv-basics/overview/data-and-trends/statistics>
- Fast Facts: HIV in the US by Age | HIV | CDC
- Understanding the Current HIV Epidemic in the United States – AIDSvu
- <https://www.cdc.gov/hiv/data-research/facts-stats/index.html>
- HIV Prevention: Oklahoma
- Oklahoma Among Seven States With Highest Rural HIV Burden
- US Public Health Service. Pre-exposure Prophylaxis for the Prevention of HIV infections in the United States-2014
- Machalek DA et al. Anal Human papillomavirus infection and associated neoplastic lesions in men who have sex with men: a systematic review and meta-analysis. *Lancet Oncol* 2012; 13:487-500
- Centers for Disease Control and Prevention (CDC). 2015. Nov 27. Vital Signs: Estimated Percentages and Numbers of Adults with Indications for Preexposure Prophylaxis to Prevent HIV
- Acquisition – United States, 2015. Morbidity and Mortality Weekly Report (MMWR)
- CDC. Diagnoses of HIV infection, by race/ethnicity and selected characteristics, 2019. HIV Surveillance Supplemental Report. 2019;32.
- Gilead. State of the HIV Epidemic: Substantial Progress and the Challenges that Remain.
- [https://www.aidsinfo.nih.gov/locations/state-of-epidemic/rpt\\_id=15442187166\\_127739510062&utm\\_medium=cpc&utm\\_term=hiv+cases+by+state&gclid=CjwKCAIAuJSPBhAoEwAeO\\_IP](https://www.aidsinfo.nih.gov/locations/state-of-epidemic/rpt_id=15442187166_127739510062&utm_medium=cpc&utm_term=hiv+cases+by+state&gclid=CjwKCAIAuJSPBhAoEwAeO_IP)
- 6DFHX2e-6dJHFKvA\_FK08t6nCcZz0qk6nLQIW5Qct36wnJpuwhoCmCkQAvD\_BwE&gsrc=raw.ds+
- AIDSvu. Deeper Look: PrEP. <https://aidsvu.org/resources/deeper-look-prep/>
- AIDSvu. Local Data: Oklahoma. <https://aidsvu.org/local-data/united-states/south/oklahoma/>
- Hardy, W. David (Ed) et al. (2021) Fundamentals of HIV Medicine. Oxford University Press.
- How Do I Prescribe PrEP? | Prevention | Clinicians | HIV | CDC
- <https://clinicalinfo.hiv.gov/en/guidelines>

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