




**The Power of Podcasting:
Lessons Learned from the Hosts
of Fast Talks with Family Docs**

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disclosures

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Our team

Why pOdcasts?

- Convenience
- Diverse Perspectives
- Continuing Education
- Patient Education
- Advocacy and Awareness
- Networking and Community
- Inspirational Stories

Do Doctors Listen to Podcast?



A Survey of Emergency Medicine Residents' Use of Educational Podcasts

- 89% of EM residents listen to at least 1 podcast per month
- Why?
 - Keep up with current literature (88%)
 - Learn educational core content (70%)
 - Entertainment (20%)
 - They like podcasts due to portability, ease of use, and ability to listen while doing something else



Survey done on residents to explore why podcasts and how they incorporated it into their learning

Challenges: distracted and constrained listening

Benefits:

- Accessible, engaging, broad exposure
- Fostered Sense of Connection to peers, larger professional community



Scoping review of 62 articles on podcast use in medical education

Podcasts Valued for portability, efficiency

Outcomes: podcasts as effective as traditional methods for knowledge retention and can influence behavior change in learners

No studies assessed system changes or patient outcomes



Need for better understanding of effectiveness and quality

Study identified 151 quality indicators

Credibility – transparency, bias, trustworthiness

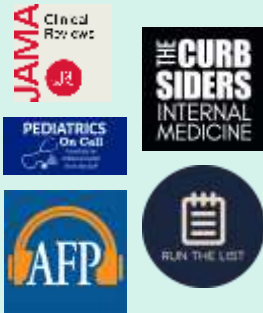
Content – professionalism, academic rigor, engagement

Design – ease of use, functionality and aesthetics



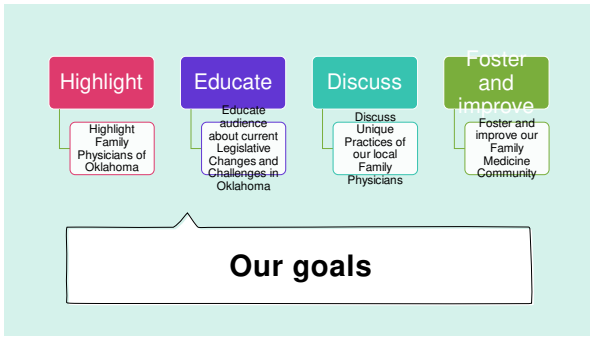
**Do
Doctors
Listen to
Podcast?**

**Popular
Medical
Podcasts**

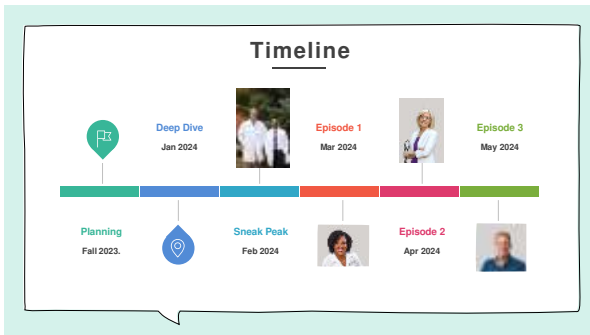


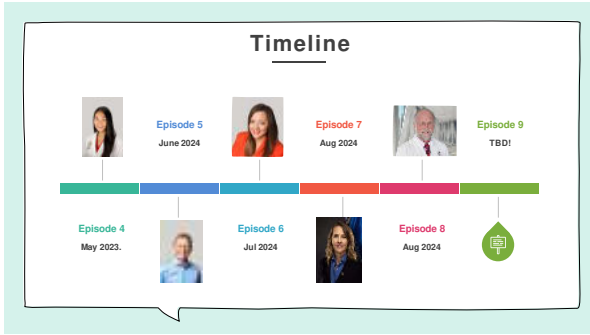
Why not us?











Lessons from our guests

Dr. Syeachie Dennis

"Family Physicians are Leaders, never stop advocating for your patients and communities."

Dr. Abbey Woods

“Physician morale is struggling. The fastest way to lose power is to believe you have none. Empower your colleagues and regain connection among your peers and other specialties.”



Dr. Kyle Rickner

“We won't change healthcare by fixing a very broken system. We will have to create a new model that renders the old model obsolete!”



Dr. Cailin Kirk

“It's never too late to learn something new. When you recognize a need, you have the power to expand your practice to further serve your patients.”





**Dr. Mitch
Duinck**

**"Being a Family
Physician is an
incredible privilege
and a huge
responsibility. Only
do it if you see it as a
calling and you care
deeply for people."**

**Dr. Julie
Mcintosh**



**"Adversity is preparing you for
your destiny. Don't waste the
process with bitterness or
anger. Make the hard times
serve your mission. We can
serve our weaknesses or our
mission, not both."**

**"Keep
doing what
you love,
and you'll
Be left with
a legacy"**

**Dr. Steven
Crawford**



Be our next guest!



WE'D LOVE TO HAVE YOU!



LINK: [GUEST FORM](#)

Let us know what you think!



PROVIDE FEEDBACK OR SUGGESTIONS



SUBMIT AN INTERESTING CASE! (STUDENTS AND RESIDENTS WELCOME!)



LINK: [FEEDBACK / CASE FORM](#)

resources

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Thank you
