

The Opioid Epidemic

Jason Beaman D.O., M.S., M.P.H., FAPA
Associate Clinical Professor
Interim Chair, School of Forensic Sciences
Oklahoma State University Center for Health Sciences

Objectives

1

Understand the history of opioid epidemics in the US

2

Understand the severity of the current opioid epidemic

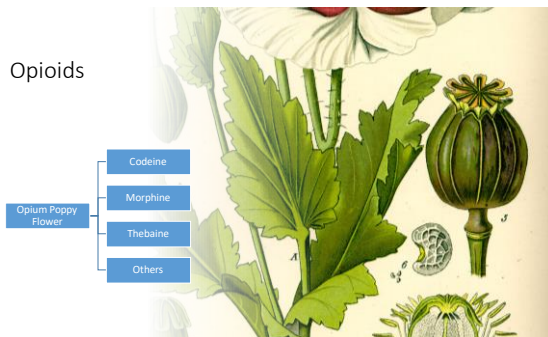
3

Understand facts/statistics surrounding the opioid epidemic

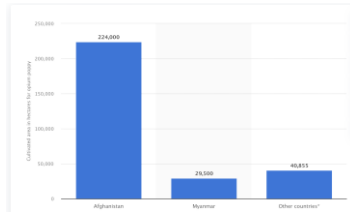
4

Understand treatment efforts to combat the opioid epidemic

Opioids



Opium Cultivation by Country 2020



Medical Opioid Production



Opium Uses

Recreational



Medicinal



"Cure sometimes, treat often, comfort always."
- Hippocrates

Opioid Epidemics in the U.S.

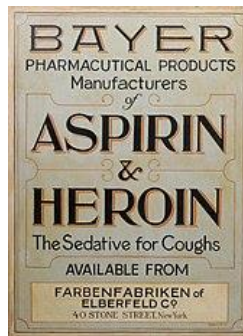
1st: 1890's

2nd: 1970's

3rd: Current

First Opioid Epidemic

- Morphine discovered in 1804
- Hypodermic needle invented around 1865
- Heroin discovered in 1874



First Opioid Epidemic

- By 1900 there were an estimated 250,000 opioid addicted individuals in the U.S.
- Morphine maintenance clinics were established in 44 cities across the United States
- Importation of smoking opium prohibited in 1909
- Harrison Narcotics Tax Act of 1914 made it illegal to prescribe opioids for maintenance of addiction

Second Opioid Epidemic

- Returning soldiers from Vietnam
- Largely heroin
- Dr. Vincent Dole published a paper on the efficacy of methadone maintenance in 1965, which led to the legalization of methadone maintenance treatment by the FDA in 1972



The Current Epidemic



1980s

- Two simultaneous events occurred at the same time:
 1. Development of novel narcotic analgesics by drug manufacturers
 2. The legitimate and necessary development of hospice and palliative care and pain management specialties driven by the medical community
- Pharmaceutical companies took advantage of the physician movement and hijacked it for their own profits

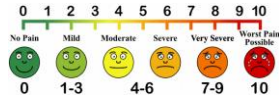


5th Vital Sign



5th Vital Sign

I. Recognize and Treat Pain Promptly
1A. Chart and Display Patient's Self-report of Pain.—A measure of pain intensity should be recorded in a way that makes it highly visible and facilitates regular review by members of the health care team. This information should be incorporated in the patient's permanent record. The data can be recorded on a vital sign sheet at the patient's bedside (Figure), a page at the front of the patient's record, or a chart in the nursing station or outpatient clinic, depending on the routine work flow of the health care team. Unrelieved pain should be a "red flag" that promptly turns attention to this problem.





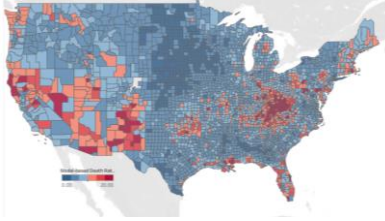
The Clinical Journal of Pain, 15(10):6, MAY 1997
 PAIN, RELIEF
 ACQUAINTED STATUS, MEDICINE
 NEW PAIN, DRUGS, MEDICINE

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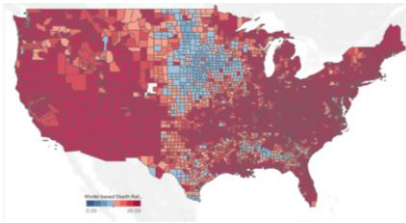
The use of opioids for the treatment of chronic pain. A consensus statement from the American Academy of Pain Medicine and the American Pain Society.



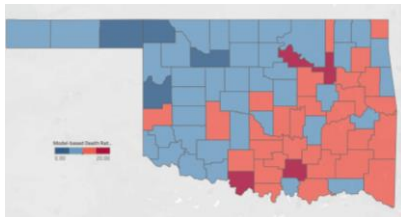
Overdoses in the United States (2003)



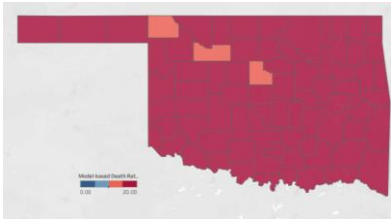
Overdoses in the United States (2020)

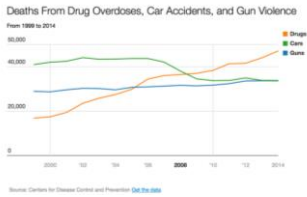


Overdoses in Oklahoma (2003)

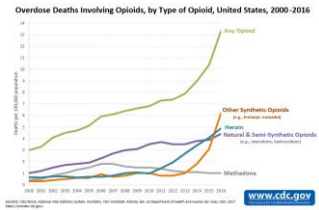


Overdoses in Oklahoma (2020)





Waves of the Current Epidemic



Wave 1

Prescription Opioids

OK County Prescribing Rates per 100

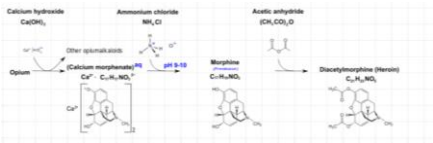
County	2011	County	2020
Harmon	241.7	Harper	205.1
Pittsburg	227.8	Harmon	171.3
Murray	207.5	Love	126.2
McClain	204.1	Kingfisher	110.9
Carter	201.8	Tulsa	103.1
Pottawatomie	190.6	Oklahoma	97.3
Jackson	180.4	Carter	84.3
Stephens	168.1	Muskogee	71.4
Bryan	162.8	Tillman	65
Beckham	162	Adair	62.2

Most Common Substances by Year of Death,
Unintentional Poisoning, Oklahoma, 2008-2020

Drug	Number of deaths																
	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	Total	
All UP	579	602	659	661	655	717	757	732	692	759	743	664	614	774	980	10588	
Drug overdose	537	557	622	611	608	675	700	665	646	707	679	610	570	733	958	9878	
Prescription opioids	474	507	541	510	501	536	535	505	415	424	339	248	198			5733	
Prescription opioids	445	455	484	451	422	473	471	432	355	344	266	185	156			4939	
Anti-anxiety	152	153	176	177	180	169	139	154	121	100	95	46	44	51	70	1827	
Alcohol	77	98	104	110	115	90	121	126	91	101	119	84	59	69	95	1459	
Methamphetamines	39	37	68	96	101	123	178	159	227	278	307	339	341	471	619	3383	
Cocaine	67	46	39	45	48	44	30	21	40	32	47	42	43	65	72	681	
Illicit opioids	<5	11	18	6	16	29	28	25	35	57	68	84	68			445	
Any opioid	448	466	498	458	444	502	501	463	390	396	340	259	215	266	410	6056	

Wave 2

Heroin



Most Common
Substances by
Year of Death,
Unintentional
Poisoning,
Oklahoma, 2008-
2020

		Number of Deaths																		
Year	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021					
Heroin	<5	11	18	6	16	29	28	25	33	52	55	80	67	78	47					

Wave 3

Fentanyl

Waves of Fentanyl Use

- 1. Pressed Pills
- 2. Added to Heroin
- 3. Sought after on its own

Most Common Substances by Year of Death, Unintentional Poisoning, Oklahoma, 2008-2020

Number of Deaths															
Year	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Fentanyl	44	56	77	55	48	57	62	39	53	68	54	50	47	127	297

OK Senate
Bill 1446

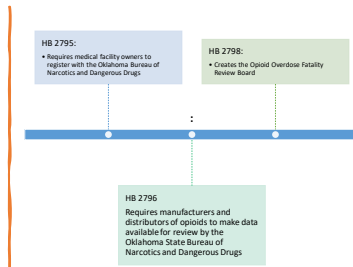
Require continuing medical education (CME) for prescribers on opioid abuse and misuse each year

Restricts initial prescriptions for opioids to a seven-day supply

Failure to check PMP is grounds for disciplinary action by licensing board


Review chronic pain prescriptions every 3 months and make efforts to decrease or try other treatment

OK House
Bills 2018



Questions?

Jason.Beaman@okstate.edu

 @sanitydoc
