Compassionomics:

The Scientific Evidence That Caring Makes a Difference

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Executive Summary





Those Who Care For Patients



⊙Cooper





Disclosures

I have no relationships with commercial interests I donate my book proceeds to the Cooper Foundation I receive payments for speaking engagements

I have no "magical thinking"

I am (very much) a work in progress







How We Got Here















Does compassion really matter?

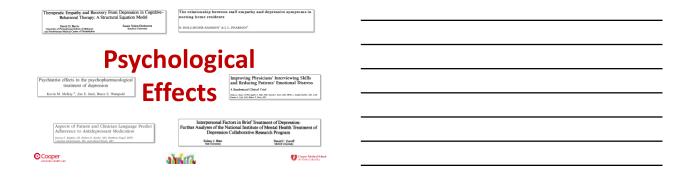






Definitions		
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Compassion is an emotional response		
to another's pain or suffering involving an authentic desire to help.		
Empathy + Action = Compassion		
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Empathy is related to clinical competence in medical care Quality of Care JAMA Burnout and Self-Reported Patient Care in an Internal Medicine Residency Program
Tel 3: Swedick MD, Kribbeth A, Ending MD, MPH, Jugor E, Wayd, MD, and Anthony L, Both, MD Cooper a hours Casper Medical School Patient Physician Communication and Patient Adher to Treatment
A Meto-Arolysis Physician-Patient Relationship and Medication Compliance: A Primary Care Investigation Self-care Clinician empathy is associated with differences in patient-clinician communication behaviors and higher medication self-efficacy in HIV care **€**Cooper Casper Medical School about L The Value of the Preoperative Visit REDUCTION OF POSTOPERATIVE PAIN BY ENCOURAGEMENT AND INSTRUCTION OF PATIENTS* **Physiological** Empathy Predicts an Experimental Pain Reduction During Touch **©**Cooper a hours. Casper Medical School





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What do patients remember?





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What's the ROI?







Culture of Care



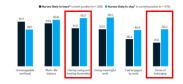


Source: Barsade Admin Sci Q 2014



Nurses

Factors affecting decision to stay or leave



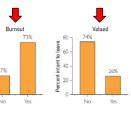
McKinsey & Co. 2022







COVID Stress and Work Intentions



Mayo Clinic Proceedings 2021

intent to leave





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The "Drivers" of Malpractice Cases

In a study of plaintiff depositions for malpractice lawsuits that were settled against a large metropolitan medical center, researchers found that, in general, patients and families decided to litigate because they perceived their doctors did not care.

They said that doctors were *unavailable, discounted their concerns, communicated poorly, or just failed to understand* the patient's or family's perspective. It wasn't the technical part of the medical care; it was the *caring* part of the medical care.

Source: Beckman et al Archive of Internal Medicin







The	Compassion Mindset		
	Compassion is evidence-based medicin	e	
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3. I	t's about <i>time</i>		
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-	RESEARCH ARTICLE		
	Curricula for empathy and compassion training in medical education: A systematic review		
	Sundip Patel ¹ , Alexis Pelletier-Bui ¹ , Stephanie Smith ¹ , Michael B. Roberts ² , Hone Kligannon ^{1,3} Stephan Trzeciak ^{2,5} Brian W. Roberts ^{1,2,5}		
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